

TEAM MATTERS:

Custom Team Development Services

Sometimes teams don't receive the support they need, leading to unclear communication, strained relationships, or underperformance. My custom team development programs are designed to deepen self-awareness, strengthen communication, and boost team-wide effectiveness.

No two teams are alike. That's why I use a flexible, tailored approach rather than a one-size-fits-all model.

Core Program Elements

Awareness & Empathy Matter: Every team benefits from understanding personality differences, communication styles, conflict preferences, and working approaches. My programs begin with Emergenetics, a science-backed tool that helps teams:

- Increase empathy and emotional intelligence
- Uncover the root causes of team dynamics
- Establish shared norms for collaboration, decision-making, and info sharing

Experiences Matter: With foundations in place, I will next use experiential methods to identify challenge areas for your team *while highlighting your team's strengths*. Depending on your goals, I'll integrate activities such as:

- Interactive challenges
- Facilitated discussions
- Guided simulations

These foster real-time reflection, surface hidden assumptions, and spotlight moments of high performance.

The Approach Matters: My approach blends neuroscience, immersive experiences, and facilitated dialogue to help your team build trust and create lasting commitments. Whether you're forming a new group, revitalizing an existing team, or navigating tough dynamics - I'll help your team show up better—together.

Please [email Karen Main](#) or call 720-272-3433 to discuss your team's needs.