

Heading

External inputs

Artefacts

Directives

Created by :

Date :

H

(Prompt ID; shorthand)

E

(User inputs)

A

(Dynamic variables,
calculations and context)

D

(Must-do + must-avoid
rules; guardrails)

ECHO framework guide

- HEAD = set-up prerequisites
- ECHO = core prompt elements
- TA = Constraints and examples
- IL = Guidance notes and LLM

Key insights

- Expert-audience dialogue context improves output relevance.
- Separate files, prompts and human review gates.
- Break instructions into steps to form a sequence model.
- Plan: context → research/analysis → verification → visualisation.
- Switching LLM engines can improve results.

Expertise

(expert + audience profile;
standards + KPIs)

How

(ordered, stepwise instructions)

Context

(business background, relevant
parameters, goal)

Output

(format; structure)

Technical constraints

T

(style; tone; grammar;
length; citations)

Assets

A

(Examples and
references)

Instructions

I

(Prompt guidance; incl.
shorthand codes)

LLM

L

(Specific Large Language
Model + version)

E.C.H.O. FRAMEWORK

(HEAD → ECHO → TAIL)

PROMPT WORKSHEET

(A PLANNING GUIDE FOR BEST-PRACTICE AI PROMPTING)