

9天7晚

云南 + 泸沽湖

YUNNAN + LUGU LAKE

一半是彩云之南的壮丽风光，
一半是泸沽湖的静谧湖光，
旅程，在风景与故事中缓缓展开。

出发日期：
09 DEC 2025



全程无购物

Batik air

Tour Code: **OD-KMG9LGH**

9 天 7 晚 云南/昆明/丽江/香格里拉+泸沽湖(女儿国)

9D7N YUNNAN/KUNMING/LIJANG/SHANGRI-LA + LUGU LAKE



玉龙雪山

Flight: BATIK AIRLINE (Subject to change)

09/12 SZB/KMG 2140/0115+1 OD 696

17/12 KMG/SZB 0215/0600 OD 697

Include MOB + 20kg checked baggage

Tour Fare:

Tour Package Detail:

~ 无任何自费项目

No any Optional Tour

~ 玉龙雪山+冰川公园大索道 (含环保车)

Jade Dragon Snow (Includes Eco Shuttle)

~ 虎跳峡 (含上下扶梯)

Tiger Leaping Gorge (Includes Escalator Access)

~ 松赞林寺 (含电瓶车)

Songzanlin Monastery (Includes Buggy)

团费不含 Tour Package No Including:

保险 Travel Insurance RM 90 / Pax

司导小费 Tipping 160 RMB/ PAX (人民币)

~ 全程 4+5 酒店 (当地 5 星) Hotel

4 徽商国际酒店或同级 Huishang International Hotel or similar (1N)

5 昆明戴斯广场温德姆、温德姆华美达安

可或同级 Days Plaza by Wyndham Kunming, Ramada Encore by Wyndham or similar (1N)

4 大理漫悦 M 花园、戴斯温德姆或同级 Dali Manyue M Garden, Days Inn by Wyndham or similar (1N)

4 香格里拉兰欧国际酒店、麗枫酒店或同级 Shangri-La Lan Ou International Hotel, Lavande Hotel or similar (1N)

4 丽江慕伦朗格、达安曼、丽江宜尚 plus 或同级 Lijiang Murren Lange, Da'anman, Lijiang Yishang Plus or equivalent (2N)

4 泸沽湖洛隐仙境、清尘假日或同级 Lugu Lake Luoyin Fairy Mirror, Qingchen Holiday or similar (1N)



泸沽湖

D1 梳邦再也 ✕ 昆明 (2140/0115) (MOB) Subang Airport ✕ Kunming

接机后, 回酒店休息

- Back to Hotel rest

D2 昆明 (4H) 大理

(B/L/D)

Kunming (4H) Dali

圣托里尼+理想帮 (含上行电瓶车+下午茶)

- Santorini (Include Uphill Buggy + Tea Time)

花语牧场 (花海)+音乐酒吧车巡游苍山洱海之间+旅拍航拍

- Flower Language Ranch

(每人 3 张旅拍电子版照片、每团 30 秒航拍小视频一个) (Travel photography, free 3 e-photo and video)

D3 大理 (3H) 香格里拉

(B/L/D)

Dali (3H) Shangri-la

大理古城 是古代南诏国和大理国的都城

- Dali Ancient City

洋人街 原名“护国路”，位于大理古城内

- Foreigner Street

长江第一湾

- The first bay of the Yangtze River

虎跳峡 (含上下扶梯) 是中国最深的峡谷之一

- Tiger Leaping Gorge (Include Escalator Access)

云登格龙吐司宴 (晚餐藏式小火锅)

- Tibetan hot pot dinner

D4 香格里拉 (2H) 丽江

(B/L/D)

Shangri-la (2H) Lijiang

龟山公园 (世界最大转经筒)

- Turtle Hill Park (World's Largest Prayer Wheel)

独克宗古城 是中国保存得最好, 最大的藏民居群。

- Dukezong Ancient Town

特色安排藏式土鸡火锅

- Special arrange Tibetan chicken hot pot

噶丹松赞林寺 (含电瓶车)

- Ganden Songzanlin Monastery (with shuttle bus)

香格里拉大经幡

- Shangri-La Prayer Flags

D5 丽江 (0.5H) 玉龙雪山

(B/L/D)

Lijiang (0.5H) Mt.Jade Dragon Snow

玉龙雪山+冰川公园大索道 (含大索道) -

- Mt.Jade Dragon Snow (Include Shuttle Bus)

印象丽江表演 展现了悠久当地的纳西民俗民风

- Impression Lijiang Show

蓝月谷 (含电瓶车) 是玉龙雪山上雪山融化的水汇集而成

- Blue Moon Valley (Include Buggy)

丽江古城, 四方街

- Lijiang Ancient City & Sifang Street

D6 丽江 (3.5H) 泸沽湖 (女儿国)

(B/L/D)

Lijiang (3.5H) Lugu Lake

泸沽湖观景台 前往传说中的“女儿国”泸沽湖。

- Lugu Lake Viewing Platform

环湖游 (情人沙滩, 里格观景台) 热门景点一网打尽。

- Lake Circle Tour (Lover Beach, Lige Viewpoint)

猪槽船游湖 因其形如一只长长的猪槽而得名

- Canoe Ride on the Lake

登里务比岛 西北与蛇岛相望, 是泸沽湖最大的岛

- Visit Liwubi Island

篝火晚会 会红腾民族舞, 走婚黑夜玉人盟

- Bonfire Party

D7 泸沽湖 (4H) 大理 (动车 2H) 昆明

(B/L/X)

Lugu Lake (3H) Dali (Train 2H) Kunming

早观日出 (视天气情况) 泸沽湖草海

- Sunrise Viewing (Sub to Weather Conditions)

走婚桥

- Lugu Lake Caohai

摩梭人家访 奉行“男不娶, 女不嫁”的走婚习俗

- Walking Wedding Bridge & Mosuo Village

D8 昆明

(B/X/X)

Kunming

金马碧鸡坊+南屏步行街+南强夜市

- Golden Horse and Jade Rooster Archways +

晚上送机

Nanping Pedestrian Street + Nanqiang Night Market

D9 昆明 ✕ 梳邦再也 (0215/0600)

(MOB)

Kunming / Subang Airport

返回温馨家园

- Back Sweet Home

行程特别安排 ITINERARY ARRANGEMENTS



大理古城
Dali Ancient City

它是云南著名的历史文化名城，拥有悠久的白族文化和独特的南诏古韵
It's a well-known old town in Yunnan, with a long history, Bai culture, and the unique charm of the ancient Nanzhao Kingdom



大理圣托里尼
Dali Santorini

它是模仿希腊风格打造的蓝白打卡地，融合了地中海风情与洱海美景
A blue-and-white spot in Dali, made to look like Greece, with Mediterranean style and views of Erhai Lake



独克宗古城
Dukezong Ancient Town

它是一座藏在香格里拉的高原古镇，也是世界上最大的转经筒所在地
It is a highland ancient town in Shangri-La and home to the world's largest prayer wheel



丽江古城
Lijiang Ancient City

它是一座有着800多年历史的高原古镇，也是纳西族文化的发源地之一
It is a highland ancient town with over 800 years of history and one of the birthplaces of the Naxi culture



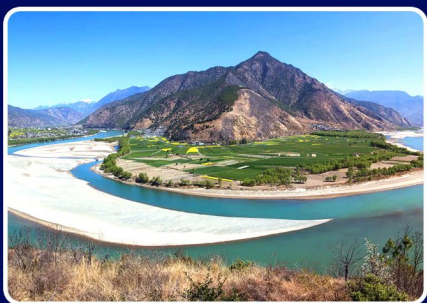
蓝月谷
Blue Moon Valley

它是藏在玉龙雪山下的一片蓝色秘境，湖水如镜，是著名的自然景观之一
It is a hidden blue gem beneath Jade Dragon Snow Mountain, with mirror-like water and stunning natural views



玉龙雪山
Jade Dragon Snow Mountain

它是中国云南丽江的一座著名雪山，也是国家5A级景区
It is a famous snow mountain in Lijiang, Yunnan, and also a national 5A-level tourist attraction



长江第一湾
The First Bend of Yangtze River

它是长江在云南怒江州形成的壮丽大弯道，是云南著名的自然奇观
It is a big, beautiful bend of the Yangtze River in Nujiang, Yunnan, and a famous natural wonder in Yunnan



金马碧鸡坊
Jinma and Biji Archways

它是云南昆明的著名历史文化地标，也是城市的重要象征
It is a famous historic landmark in Kunming, Yunnan, and an important symbol of the city



泸沽湖
Lugu Lake

它是一座高原淡水湖，更是摩梭族“女儿国”文化的发源地而闻名
It is a highland freshwater lake and is famous as the birthplace of the Mosuo people's "Kingdom of Women" culture

行程亮点 TOUR HIGHLIGHTS

特别安排



乘坐迪航空飞机抵达昆明

搭乘峇迪航空, 享受舒适旅程,
轻松抵达美丽的昆明

Fly with Batik Air, enjoy a comfortable trip, and
arrive easily in beautiful Kunming

特别赠送



花语牧场旅拍航拍体验

在花语牧场, 每人3张旅拍电子照, 全团
1个30秒航拍视频, 记录美好瞬间

At Flower Language Ranch, everyone gets 3 photos,
and the group gets a 30-second drone video to
save special memories

特别安排



印象丽江表演

观看印象丽江表演, 仿佛沉浸在丽江
独特的文化和壮丽的自然美景之中

Watching the Impression Lijiang show feels like
being surrounded by Lijiang's unique culture
and beautiful nature

特别安排



虎跳峡

行程含虎跳峡景区上下扶梯, 省时
省力, 轻松观景不爬坡

The trip to Tiger Leaping Gorge includes escalator
access, making it easier to reach the viewing
platforms without climbing

特别安排



松赞林寺

行程含松赞林寺景区电瓶车, 省力
便捷, 直达寺庙入口

The trip to Songzanlin Monastery includes an electric
shuttle, making it easy to reach the main
temple area

特别安排



香格里拉大经幡

大经幡在风中猎猎作响, 仿佛在
传递藏传佛教的祝福与祈愿

The big prayer flags wave in the wind, like they
are sending blessings and prayers from
Tibetan Buddhism

入住四钻五钻酒店



全程四钻和五钻酒店

甄选当地五星酒店,
全程享受尊贵旅居体验

Enjoy top-tier stays throughout the
journey in local 5-star hotels

特别美食



云登格龙吐司宴

品藏地美食, 听原生态歌声, 感受
高原的热情与仪式感

Enjoy Tibetan food, listen to local songs, and feel
the warmth and ceremony of the highlands

特别美食



藏式土鸡火锅

一锅藏式土鸡火锅, 鲜香浓郁不油腻。
每一口都是藏地的温暖与风情

A pot of Tibetan-style chicken hotpot, fresh and
flavorful but not greasy. Every bite is warm and
full of Tibetan charm