

The Way of Transformation



“But solid food is for the mature, who by constant use, have **trained their senses** to discern good from evil.”

Hebrews 5:14

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Resolved

Overcoming unbelief and unhealthy internal representations of others, ourselves, our lives, and God.

“But now you must also **rid yourself** of all such things as these: anger, rage, malice, slander, and filthy language from your lips.”

Colossians 3:8 (NIV)

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Relational

Mind, body, and soul are quieted and saturated with joy and appreciation.

“But I have calmed and quieted myself, I am like a weaned child with it’s mother; like a weaned child is my soul within me.”

Psalm 131:2 (NIV)

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Engaged

Regularly throughout each day making space to engage directly with God and receive from Him.

“I remember the days of old, I think about your deeds. I meditate on the works of your hands. I stretch out my hands to you; my soul thirsts for you like a parched land. Answer me quickly, O Lord... let me hear of your steadfast love in the morning... Teach me the way I should go, for to you I lift up my soul... Teach me to do your will, for you are my God. Let your good Spirit lead me on a level path.”

Psalm 143:5-10 (NIV)

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Attached

A pervading sense and settled impression that the Father loves me, is present with me, and joyfully acts for my benefit, joy, peace, and satisfaction.

“Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

Psalm 23:6 (NIV)

Resolved



“But if **by the Spirit**, you continuously put to death the **activities** of the body, you will live.”

Romans 8:13 (ISV)

Results

WHAT IS SEEN

Actions

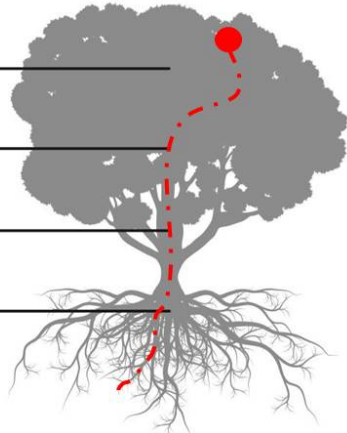
WHAT IS DONE

Values

WHAT IS BEST

Beliefs

WHAT IS TRUE



World View

WHAT EXISTS AND MATTERS TO US