

Sadaqah Calendar

For Children

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Create a gratitude jar. Fill it with things for which you are grateful during the month.	2 Surprise someone with a thoughtful, handmade gift.	3 Send a family photo to your grandparents	4 Help your mother in home chores.	5 Reflect today on how you can make a positive difference in the world	6 Acknowledge someone with a smile or warm greeting.
7 Give at least three compliments out to strangers.	8 Support a local restaurant by dining in or ordering takeout.	9 Donate shoes, shoes And clothes to a local shelter	10 Thank a Teacher	11 Put positive notes on mirror for you family.	12 Keep in touch with your friends. Call them.	13 Use reusable grocery bags.
14 Create a Sadaqah idea basket for your family to add to and grab ideas from.	15 Water the plants	16 Create care bags for homeless persons with hygiene products	17 Refrain from complaining today	18 Pick up trash along the road	19 Teach your friend a dua	20 Recycle jam bottle or empty box
21 Clean and declutter your bedroom into a relaxing haven.	22 Conserve water	23 Prepare a home cooked meal for person in need.	24 Write a thank you note to your parents	25 Help a neighbour with a chore	26 Feed the birds	27 Give away one of your possessions for free.
28 Empty and read the gratitude jar you've created throughout the month.	29 Help the environment. Turn off lights.	30				