

URSA Eligibility, Rules & Procedures

Division 5/6

Updated April 2026

Rules of Play: USSSA Rules are in effect unless otherwise noted in **West Valley addendums** or the URSA Eligibility, Rules & Procedures. **USSSA rules are at www.ussa.com**

1. **ELIGIBILITY:** All players must be a recovering alcoholic and/or drug addict, abstaining from the recreational use of all mind altering substances, with a minimum of 7 consecutive days of abstinence from drugs and alcohol and must be currently, actively involved in a recognized drug and/or alcohol related recovery program.
2. **Non-Recovering Players: Each team is allowed TWO people from this list Per Season.**
 - A. **Family:** Spouse/Partner/Parent/Sibling/Son/Daughter, (in law/step included) **of a recovering player.** Must be on the same team as the recovering player.
 - B. **Inpatient Treatment Center Staff:** Allowed to play only on the inpatient treatment center team they are employed with.
3. **Inpatient Treatment Center Team Exemption:** Inpatient clients are not subject to URSA abstinence rules. Staff must decide what is required and are responsible for monitoring them and their safety.
4. **Minimum Number of Players:** Each team needs a minimum of six players for a game to commence and no "auto outs" need to be taken for missing players.
5. **Female Players:** Females are not required to play however each female on the batting lineup gives that team 2 runs per game. (4 runs maximum/ NO runs for females entering after 10 minutes of start time/ teams lose 2 runs per occurrence if the female subs out of the game)
6. **Majors Players:** **NO MAJORS PLAYERS may play, sub, pick up or join a team in this division without proper authorization from the URSA Board of Directors. No team may have more than 2 Board approved Majors players per roster, per season.**
7. **Home Runs:** **5 Home runs per game.** Home runs after that are outs.
8. **Foul Ball Rule:** **FEMALE batters are allowed 1 "courtesy" foul.**
9. **Rosters:** Players can be added to rosters any time during the season.
10. **Tournament(s) Eligibility:** Male Players must play a minimum number of regular season games with the team they are participating with in the tournament. **Inpatient treatment centers teams are exempt as long as they are adding residents of their inpatient program.**
 - Mid Season Tournament- 2 regular season games
 - End Season Tournament- 4 regular season games
11. **Switching Teams:** One team switch is allowed per season. **(One week waiting period)**
12. **Emergency pickup:** If a team is short players, they may play up to 2 currently rostered URSA Sandy (D1-5/6) recovering players. **Must have the opposing coach's approval.**
13. **Rule Violations:** Must include forfeit and may include suspension or termination.
14. **Special Circumstances:** Each team may be allowed an exemption to a rule by procuring a Unanimous vote of the Executive Board of Directors.
15. **Team Names:** All teams must be named after recovery centers or be recovery/ alcoholism/ drug addiction based in nature.