

# Yoga San Angelo Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-6:30 am Hot Yoga Jonathon		5:30-6:30 am Hot Yoga Emily			8-9:15 am Hot Yoga Brea	
9:15 am - 10:15 am Gentle Yoga Tiana	9:15 am - 10:15 am Hatha Yoga Brea	9:15 am - 10:15 am Kundalini Alicia	9:15 am - 10:15 am Hatha Yoga Brea	9:15 am - 10:15 am Iyengar Jerri	10-11:15 am Hot Yoga Teri	
4 - 5:00 pm Gentle Yoga Brea	4 - 5:00 pm Gentle Yoga Megan	4 - 5:00 pm Gentle Yoga Brea	4 - 5:00 pm Gentle Yoga Teri		12-1:00 pm Yoga en Español con Astrid	4 - 5:00 pm Yin Yoga Stacy
6 - 7:15 pm Hot Yoga Brea	6 - 7:15 pm Iyengar Jerri	6 - 7:15 pm Hot Yoga Brea	6 - 7:15 pm Salsa/Cumbia Dance			

Yoga San Angelo 63 N Chadbourne St.

325-617-2826

[www.YogaSanAngelo.com](http://www.YogaSanAngelo.com)

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