Screen Use

We recognise that children cannot escape exposure to the use of screens and media is helpful to support children's learning and development in certain areas and subjects. We observe the following guidance.

- **Children Under 2:** Avoid screen time entirely
- **Aged 2 to 5:** Limit screen use to an hour a day or less, ensuring it does not replace active play, real-world interactions, or sleep.

Content rules

- **Adult Co-Engagement:** Never let young children view screens alone; staff must watch, talk, and ask open-ended questions alongside the children.
- **Intentional Use:** Use screens only for clear developmental aims rather than for background noise, routine management, or calming behaviour
- **Safe content:** Videos must be age-appropriate and checked before showing.
- **Slow pace:** Content should be slow, repetitive, and predictable. Avoid fast cuts, flashing lights, or loud noises.
- **No Ads or Autoplay:** Content must be completely ad-free and without infinite scrolling or autoplay features.

Practical tips

- **Screen-Free Zones:** Keep eating areas and times close to naps completely free of digital devices.
- **No background screens:** Screens must not stay on in the background during play or social time.

Nursery uses the iPad and/or projector for the following adult supported activities (mainly in the preschool).

- Revisiting our learning - looking at images of previous activities allows children to discuss their learning in greater depth. For example, looking at and talking about a previous 'science sprouts' activity
- To share our tapestry posts - including exciting adventures and family