

## Reasons Why

You can count on me to be drug-free – because I remember all the things that I need:

Ten monumental seconds til the ball drops announcing the New Year,  
A year that holds so much more than what drugs can give me

Nine best friends that would miss me if I was gone

Eight planets waiting to poke their head through my sky,  
But only when viewing through sober eyes

Seven days, a week, until I turn the page in my agenda,  
A fresh start with days that I can fill however I please

Six colors that I want to see every day when I wake up:  
The red trees in fall  
Nights around an orange campfire with my family  
Yellow sunlight streaming through my windows in the morning  
Green grass beneath my feet  
My dad's blue eyes  
My grandma's purple summer lilacs

Five senses that take in the world every day:  
Seeing fireworks in July, feeling gritty sand beneath my feet at the beach  
Hearing new music, tasting my mom's cooking, smelling good flowers

Four seasons that I can feel on my skin if I'm not numb from drugs;  
The dew of spring grass,  
The warmth of the summer sun,  
The chilly autumn breeze,  
And a hazy fireplace in the winter.

Three words that I can only hear if I live; "I love you"

Two siblings who I need and who need me

One life that could be lived substance-free,  
One body that can do so much without the use of drugs,  
One sun with the promise of a new day,  
And one world that I can change but only if I'm here.

When you find what you love and need,  
The choice seems clear to me-  
That's why you can count on me to be drug-free.

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