

## Planning for Re-Entry. It's A Personal Thing.

### SELF EVALUATION

The first thing to do when putting together a re-entry plan is to make a list of the services you will need. A successful transition depends on making sure your basic needs are met. Since no one knows your needs better than you do, it's important to be very clear here so you can assess what you'll need and what is available to you.



Here are some questions to help you get ready for your transition from incarceration to the community.

### CRITICAL

1. Who is picking you up, and where will you go?
2. When will you check in with probation or parole for the first time? How will you get there?
3. Where will you be staying? How long will you be able to stay there?
4. What services are most important for you to access?
5. Do you know how to get these services?
6. Are there some medical or personal needs you will need to take care of?

### OTHER QUESTIONS

7. How will you support yourself? What skills will you need?
8. What steps do you need to take to get a job or financial help?