

Our gymnastics classes are arranged in **ages, with ability** in mind

*the age is just a guide for your trial - the coach will determine whether this class is the right fit after your session

G1

Gymnastics for **reception** aged children

G2

Gymnastics for **Year 1 to 3*** - predominantly for beginners and improvers

G3

Gymnastics for **Year 3* to 5*** - predominantly for improvers and intermediates but older beginners are welcome

G4

Gymnastics for **Year 5* and up** - predominantly for intermediates but older beginners and improvers are welcome

There is potential for a **non compulsory Floor and Vault Competition pathway in these classes**

We are sorry we do not offer any gymnastics squads at the moment, there will be scope for this in the future and it is something we will be looking into if it organically forms - if you feel we can offer you something to help this journey, please express your interest via email.