

Trampoline classes are arranged with **age** in mind - all of these classes hold competitive opportunities

*the age is just a guide for your trial - the coach will determine whether this class is the right fit after your session

T1

Trampolining for **Reception to Year 1**

T1

Trampolining for **Year 2* to 5*** - predominantly for beginners and improvers

T3

Trampolining for **Year 5* and up** - predominantly for beginners, improvers, intermediate and advanced

If the coach feels that your child abilities and attitudes meet our requirements for our squad programme, this will be discussed after your trial