



**23rd ASIA MASTERS ATHLETIC
Championship - 2025
Chennai, Tamil Nadu**

**ASIA MASTERS ATHLETICS CHAMPIONSHIPS
(AMAC 2025)**

ENTRY FORM

5th – 9th NOVEMBER 2025

CHENNAI, TAMIL NADU



23rd AMAC 2025 ENTRY FORM

1. PERSONAL INFORMATION

COUNTRY					
FAMILY NAME					
GIVEN NAME					
ADDRESS					
POST CODE		CITY			
TELEPHONE NUMBER					
E MAIL ADDRESS					
DATE OF BIRTH	DAY		MONTH		YEAR
GENDER	MALE		FEMALE		

2. CATEGORY : BASED ON YOUR AGE ON 5th NOVEMBER 2025 (Put an "X")

Gender	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99	100+
Men														
Women														

3. EVENTS: Put an "X" before each event you want to enter

X	EVENT	Best performance In 2023 - 2025
	100 M	
	200 M	
	400 M	
	800 M	
	1500 M	
	5000 M	
	5000M Race Walk	
	3000 M Steeple Chase	
	2000 M Steeple Chase	
	80 M Hurdles	
	100 M Hurdles	
	110 M Hurdles	
	300 M Hurdles	
	200 M Hurdles	
	400 M Hurdles	
	4 x 100 M	
	4 x 400 M	
	High Jump	
	Long Jump	
	Triple Jump	
	Pole Vault	
	Shot Put	
	Discus	
	Javelin	
	Hammer	
	10 KM Asia Masters Road Race	

4. ENTRY FEE PAYMENTS

ITEM	UNIT PRICE	TOTAL
AMA Fee * (to be paid by cash on arrival)	USD 20	USD 20
Administration Fee	USD 10	USD 10
Insurance Fee	USD 5	USD 5
1 st Event	USD 10	USD 10
2 nd Event	USD 5	
3 rd Event	USD 5	
4 th Event	USD 5	
Relay Event	USD20	
10 K Road Race	USD 10	
Late Entry Fee up to 31 st August	USD 15 per event	
Accompanying person *	USD 5 per person	
TOTAL FEE		

* for accreditation card

*The AMA Fee of USD 20 per head must be paid by the respective Country In-Charge or by the Team Manager upon arrival. AMA Fee must be paid in cash only in US Dollars to the AMA Treasurer.

5. ACCOMPANYING PERSON/S

Full Name	
Full Name	

6. Emergency Contact

Name		Telephone No.	
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ATHLETE’S CONSENT

I hereby apply for entry to the 23rd AMAC 2025 on the following terms and conditions which form a binding agreement between me, AMA, MAFI and 23rd AMAC organisers.

I will abide by the WA rules and regulations as modified for 23rd AMAC by AMA and any special rules specified for this competition. I am physically and mentally fit to compete in the 23rd AMAC safely without causing injury to myself or other participants. I agree and consent to accept first aid medical treatment arranged by the organisers. In the event of any emergency medical treatment or services provided to me requiring the payment of fees, I agree to pay these fees upon request. I agree to indemnify, hold harmless and release the AMA, MAFI and the organisers from and against any injury, loss, damage, liability, cost, expense, demand, claim or action whether arising at common law or under statute that I may suffer or incur arising out of or in connection with my participation in the 23rd AMAC including as a result of the negligence, breach of statutory duty or any act or mission of AMA , MAFI and the organisers.

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SIGNATURE

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DATE

GENERAL SCHEDULE

DATE	EVENTS	VENUE	TIME
30/05/2025	Distribution of Entry Form & Comp. Rules	-	-
06/06/2025	Opening of Registrations (Online)	-	-
20/08/2025	Closing Date for Entries	-	-
31/08/2025	Closing Date for Late Entries	-	-
30/09/2025	Distribution of Events Lists with names to AMA Members for their confirmation	-	-
31/10/2025- 04/11/2025	TRAINING CENTRE IN OPERATION	Stadium 1 or 2	7.00am-11.00am 3.00pm-6.00 pm
03/11/2025- 06/11/2025	DISTRIBUTION OF CHEST NUMBERS & ACCREDITATION CARDS	Stadium 1	11.00am-5.00pm
04/11/2025	TEAM MANAGERS' MEETING	Stadium 1	10.00am
04/11/2025	Officials Technical Briefing AMA – LOC - MAFI	Stadium 1	3.00 pm
04/11/2025	AMA COUNCIL MEETING 2025	Hotel	3.00pm
05/11/2025	23 rd AMAC OPENING CEREMONY	Stadium 1	4.30 pm
05/11/2025	WELCOME BANQUET	Indoor Stadium	8.00 pm
05/11/2025	TRACK & FIELD (DAY 1)	Stadium 1 & 2	7.00am-3.00pm
06/11/2025	TRACK & FIELD (DAY 2)	Stadium 1 & 2	7.00am-8.00pm
	AMA WOMEN'S COMMITTEE SEMINAR TECHNICAL COMMITTEE MEETING	Stadium 1 Stadium 1	2.00pm-5.00 pm 2.00pm-5.00 pm
07/11/2025	TRACK & FIELD (DAY 3)	Stadium 1 & 2	7.00am-8.00pm
	AMA GENERAL ASSEMBLY	Hotel	5.00 pm
08/11/2025	TRACK & FIELD (DAY 4)	Stadium 1 & 2	7.00am-8.00pm
09/11/2025	TRACK & FIELD (DAY 5)	Stadium 1 & 2	7.00am-5.00 pm
	23 rd AMAC CLOSING CEREMONY CHAMPIONSHIPS FLAG HANDING OVER CEREMONY	Stadium 1	6.00pm
10/11/2025	ASIA MASTERS 10K		6.30am-11.00 am

COMPETITION SCHEDULE

MEN (Subject to change)

5th – 9th NOVEMBER 2025

Event / Age Group	35	40	45	50	55	60	65	70	75	80	85	90+
100m (Heat)	1	1	1	1	1	1	1	1	1	1	1	1
100m (Final)	1	1	1	1	1	1	1	1	1	1	1	1
200m (Heat)	3	3	3	3	3	3	3	3	3	3	3	3
200m (Final)	3	3	3	3	3	3	3	3	3	3	3	3
400m (Heat)	2	2	2	2	2	2	2	2	2	2	2	2
400m (Final)	2	2	2	2	2	2	2	2	2	2	2	2
800m (Heat)	1	1	1	1	1	1	1	1	1	1	1	1
800m (Final)	2	2	2	2	2	2	2	2	2	2	2	2
1500m	3	3	3	3	3	3	3	3	3	3	3	3
5000m	1	1	1	1	1	1	1	1	1	1	1	1
5000m Race Walk	3	3	3	3	3	3	3	3	3	3	3	3
3000m SC	5	5	5	5	5	-	-	-	-	-	-	-
2000m SC	-	-	-	-	-	4	4	4	4	4	4	4
80m H	-	-	-	-	-	-	-	2	2	2	2	2
100m H	-	-	-	2	2	2	2	-	-	-	-	-
110m H (Heat)	2	2	2	-	-	-	-	-	-	-	-	-
110m H (Final)	2	2	2	-	-	-	-	-	-	-	-	-
300m H (Heat)	-	-	-	-	-	4	4	4	4	4	4	4
300m H (Final)	-	-	-	-	-	4	4	4	4	4	4	4
400m H (Heat)	4	4	4	4	4	-	-	-	-	-	-	-
400m H (Final)	4	4	4	4	4	-	-	-	-	-	-	-
4 x 100m	5	5	5	5	5	5	5	5	5	5	5	5
4 x 400m	5	5	5	5	5	5	5	5	5	5	5	5
High Jump	1	1	1	1	1	1	1	1	1	1	1	1
Long Jump	3	3	3	3	3	3	3	3	3	3	3	3
Triple Jump	1	1	1	1	1	1	1	1	1	1	1	1
Pole Vault	4	4	4	4	4	4	4	5	5	5	5	5
Shot Put	1	1	1	1	1	1	1	1	1	1	1	1
Discus Throw	3	3	3	3	3	3	3	3	3	3	3	3
Javelin Throw	5	5	5	5	5	5	5	5	5	5	5	5
Hammer Throw	4	4	4	4	4	4	4	4	4	4	4	4

1 = 5/11/2025 2 = 6/11/2025 3 = 7/11/2025 4 = 8/11/2025 5 = 9/11/2025

COMPETITION SCHEDULE

WOMEN (Subject to change)

5th – 9th NOVEMBER 2025

Event / Age Group	35	40	45	50	55	60	65	70	75	80	85	90+
100m (Heat)	1	1	1	1	1	1	1	1	1	1	1	1
100m (Final)	1	1	1	1	1	1	1	1	1	1	1	1
200m (Heat)	3	3	3	3	3	3	3	3	3	3	3	3
200m (Final)	3	3	3	3	3	3	3	3	3	3	3	3
400m (Heat)	2	2	2	2	2	2	2	2	2	2	2	2
400m (Final)	2	2	2	2	2	2	2	2	2	2	2	2
800m (Heat)	1	1	1	1	1	1	1	1	1	1	1	1
800m (Final)	2	2	2	2	2	2	2	2	2	2	2	2
1500m	3	3	3	3	3	3	3	3	3	3	3	3
5000m	1	1	1	1	1	1	1	1	1	1	1	1
5000m Race Walk	3	3	3	3	3	3	3	3	3	3	3	3
2000m SC	4	4	4	4	4	4	4	4	4	4	4	4
80m H	-	2	2	2	2	2	2	2	2	2	2	2
100m H	2	-	-	-	-	-	-	-	-	-	-	-
300m H (Heat)	-	-	-	4	4	4	4	4	4	4	4	4
300m H (Final)	-	-	-	4	4	4	4	4	4	4	4	4
400m H (Heat)	4	4	4	-	-	-	-	-	-	-	-	-
400m H (Final)	4	4	4	-	-	-	-	-	-	-	-	-
4 x 100m	5	5	5	5	5	5	5	5	5	5	5	5
4 x 400m	5	5	5	5	5	5	5	5	5	5	5	5
High Jump	2	2	2	2	2	2	2	2	2	2	2	2
Long Jump	4	4	4	4	4	4	4	4	4	4	4	4
Triple Jump	2	2	2	2	2	2	2	2	2	2	2	2
Pole Vault	3	3	3	3	3	3	3	3	3	3	3	3
Shot Put	3	3	3	3	3	3	3	3	3	3	3	3
Discus Throw	1	1	1	1	1	1	1	1	1	1	1	1
Javelin Throw	2	2	2	2	2	2	2	2	2	2	2	2
Hammer Throw	5	5	5	5	5	5	5	5	5	5	5	5

1 = 5/11/2025 2 = 6/11/2025 3 = 7/11/2025 4 = 8/11/2025 5 = 9/11/2025

20. ENTRY - ONLINE REGISTRATION PROCEDURE

Following are required for entry processing:

20.1 Meet Application Form (may be photocopied as required) & Entry Fee

20.2 Official Documents to prove date of birth eg. Copy of passport

After completing the application form, competitors must submit package to his or her National Masters Athletics Association / Members together with the entry fee. There will be no change of event / adding of event or change of competitors after application procedure is completed.

21. ISSUE OF RECEIPT

Following the acceptance of application and entry fee, Members will receive receipt from the 23rd AMAC LOC. Participating athletes should send the entries only through their National Masters Athletics Association / Members (individual entries are not accepted).