

# **A Channeled Message through Steven Aranibar for a Member of the Sacred Light Fellowship Sunday Service, Dec. 1, 2024**

**Daughter of God,**

**We come to you in this time with words of encouragement.  
There is no reason you can't live a life you love!**

**This may sound like more of the same, but every time you  
pray or meditate you are changed. And these new changes  
allow you to take in more of our guidance.  
Not just in the form of words but in feelings and in lucid  
dreams too if that's something you wish to experience with  
us. After all, the physical world is a dream and while you're  
incarnate we are still able to communicate. So why should one  
dream plane be any different for us?**

**We want you, next time you are in prayer, to ask us for both  
the transformation of your personal consciousness and for  
the transformation of everyone's, because no one is healed  
alone.**

**We are Well because we are One.  
We are ill when we forget this.  
Ask on behalf of all minds to become Well.**

**Amen.**