



Sacred Light Fellowship

DISCOVER YOUR *SPIRITUAL* LANDSCAPE THROUGH MEDITATION

Virginia Wake, Facilitator

Design your own unique spiritual landscape with ease as you focus on creating your spiritual practice. This class is for the seasoned practitioner as well as for novices who want to learn what a spiritual practice is all about.

Class Dates: Sundays in August 8/2, 8/9, 8/16, 8/23 and 8/30 8:00 - 9:30 pm

Cost: \$20.00

Register at www.sacredlightfellowship.org