

Presence of Essence

The Art of Surrender

with guest sibling Nirmala Nataraj

Sunday, September 14, 7 pm ET



Join us as we explore the art of surrender as both a mystical practice and a creative act—while honoring the profound difficulty of softening in a world that so often demands we stay braced. You'll leave with embodied prompts and inner pathways—tools for cultivating your own relationship with surrender as a practice of power, tenderness, and radical belonging.

MORE DETAILS & PAYMENT LINK for The Art of Surrender at
toniap.com/work-with-me/calendar/
or email [Rev.ToniaP @ gmail.com](mailto:Rev.ToniaP@gmail.com)
\$22 per person by Friday 9/12/25