

TEAM BUILDING WORKSHOP



WHO ARE WE?

Voice in Motion is a voice coaching business specifically tailored for the spoken voice. We believe that everyone has the potential to have a rich, full, free voice - they iust need to understand how the voice works and how to use it efficiently.

WHAT DO WE OFFER?

We offer 1-hour lunchtime, half or full day sessions in the workplace where we introduce a range of exercises to help release tension, engage breath support, develop resonance, range and flexibility, and achieve ease of articulation, with the goal of reaching maximum vocal potential.

WHO WILL BENEFIT **FROM OUR WORKSHOPS?**

 anyone who uses their voice in a professional capacity or in their daily business activities

Set your speaking voice free!

- anyone who is experiencing vocal fatigue
- anyone who lacks self-confience and self belief when speaking in social or business interactions

Contact us now!





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