

DMSO MANUAL

USES-DOSES-ADVERSE REACTIONS

The power of DMSO is made stronger when it is combined with HOCL (Hypochlorous Acid). Click [HERE](#) to learn about HOCL and how to make and use it.

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INTRODUCTION

- Like all of our treatments, it is not necessary to understand how the procedure works. Just like it's not essential to know how a car works.
- **However, you must know how to do the treatments**, just like you need to know how to drive a car.
- **TO MAKE DMSO RELATIVELY ODOR-FREE, MIX WITH 500 PPM OF HOCL (Hypochlorous Acid – Click [HERE](#) to learn how to make and other uses of HOCL)**

DMSO PERFORMS ALL OF THE FOLLOWING FUNCTIONS IN THE BODY:

- Enhances cellular membrane penetration
- Enhances membrane transport of drugs or nutrients
- Acts as an anti-inflammatory
- Acts as an analgesic or pain-killer
 - ***ESPECIALLY WHEN APPLIED DIRECTLY TO THE WOUND***
- It reduces scar tissue
- It's an anti-bacterial, antiviral, and anti-fungal agent
- It can minimize drug-resistance in micro-organisms
- Functions as a diuretic
- Dilates the blood vessels
- DMSO scavenges for free radicals
- Prevents damage to nerves from trauma and strokes

ADVERSE REACTIONS

ALL ROUTES OF ADMINISTRATION

- GARLIC ODOR ☺ AND NAUSEA
 - *TO GET RID OF THE GARLIC ODOR*
 - *Add an oxidizer*
 - *3% household hydrogen peroxide UP TO a ratio of 50/50 DMSO (It is safe to drink a small amount of 3% household hydrogen peroxide)*
 - *12% food grade hydrogen peroxide; 70:30 mixture of DMSO and 12% food grade hydrogen peroxide*
 - *Start adding a drop at a time of the activated MMS (chlorine dioxide) until the odor is gone.*

ALL ROUTES – DOSE DEPENDANT

- **VERY-VERY-VERY RARE!** CHANGE IN REFRACTIVE INDEX OF THE EYE'S LENS.
 - IT MIGHT CAUSE THE LENS TO BE MORE NEAR SIGHTED (COULD IMPROVE EYESIGHT FOR FARSIGHTED INDIVIDUALS!)
https://books.google.com/books?id=Opm9BwAAQBAJ&pg=PA39&lpg=PA39&dq=REFRACTIVE+INDEX+OF+LENS+AND+DMSO&source=bl&ots=gw-UxejeTX&sig=AcfU3U1n3Dw4y_RwHyVJ1HfHqUgF_IFVYg&hl=en&sa=X&ved=2ahUKewin1NGM6s_iAhVVKawKHQUVCp4Q6AEwFHoECAgQAQ#v=onepage&q=REFRACTIVE%20INDEX%20F%20LENS%20AND%20DMSO&f=false

TOPICAL

- IRRITATION-itching, skin irritation, tingling, or burning
 - GREATER REACTION IF MORE THAN 70% DMSO AND Reaction can be lessened if mixed with Aloe Vera juice, other essential oils, and compounds that normally can be taken orally

ORAL

Occasionally nausea and decreased blood pressure when taking larger doses

MAXIMUM 24 HR CUMULATIVE DOSE: 1 ML PER KG (1 TSP PER 10 POUNDS)

<https://www.sciencedirect.com/topics/medicine-and-dentistry/dimethyl-sulfoxide>

ALWAYS DRINK LOTS OF WATER (HOCL (Hypochlorous Acid) WATER FOR SERIOUS/ACUTE PROBLEMS) TO MAINTAIN HYDRATION!

EMERGENCY KIT CONTENTS

- @ 2 OZ. BOTTLE OF DMSO Mixed 70:30 (DMSO:HOCL) with 500 ppm HOCL
 - Or @ 2 OZ SPRAY BOTTLE OF DMSO and HYPOCHLOROUS ACID SOLUTION MIXED 50:50
- @ 2 OZ SPRAY BOTTLE OF 2500 PPM HOCL (Hypochlorous Acid – click [HERE](#) to learn how to make and use HOCL)
 - Mix 1/2 teaspoon (2.5 mL) of bleach with 1/2 teaspoon of citric acid powder or 1/2 teaspoon (2.5 mL) of white/distilled vinegar in 1 quart (1 L) of water.

SKIN AND EYE PROBLEMS

PROBLEM	TOPICAL MIXTURE	ORAL DOSE	ADJUNCT THERAPY/THERAPIES
SKIN ALLERGIES INSECT BITES & POISON IVY-SUMAC-OAK	NOT INITIALLY SINCE IT WILL MAKE THE REACTION WORSE!	0.10 ML PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	VITAMIN A, E AND OMEGA-3 ESSENTIAL FATTY ACID +/- MIXING WITH TOPICAL MIXTURE AT LEAST 24 HOURS AFTER STARTING ORAL THERAPY
SKIN INFECTION (BACTERIAL AND FUNGAL)	MIXED 30:70 (DMSO:HOCL) (500 ppm HOCL (Hypochlorous Acid-Click HERE for Making HOCL) EVERY 6-8 HOURS	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	VITAMIN A, E, L-LYSINE AND OMEGA-3 ESSENTIAL FATTY ACID +/- MIXING WITH TOPICAL MIXTURE AT LEAST 24 HOURS AFTER STARTING ORAL THERAPY LINK TO TEST <u>(Transcutaneous Electro-Supplement Therapy):</u>
TRAUMA-HELPS TO PREVENT BRUISING, SWELLING, & STOPS PAIN (Both blunt as well as penetrating wounds- ALWAYS us HOCL (Hypochlorous Acid) with penetrating wounds) (LINK TO TETANUS)	30% water (or Aloe Vera Gel), & 70% DMSO applied topically EVERY 8-12 HOURS	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	VITAMIN A, E, AND OMEGA-3 ESSENTIAL FATTY ACID ORALLY
BURNS (INCLUDING SUNBURN) HELPS TO PREVENT BLISTERS, PAIN, AND SKIN DEATH	10% alpha-tocopherol acetate (Vit E), 20% HOCL, & 70% DMSO applied topically EVERY 4-12 HOURS DEPENDING ON BURN SEVERITY	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	VITAMIN A, E, Hypochlorous Acid solution, AND OMEGA-3 ESSENTIAL FATTY ACID CAN MAKE UP TO 40% OF THE FINAL PRODUCT
CALCINOSIS CUTIS & SCLERODERMA	70:30 DMSO and HOCL EVERY 8-12 HOURS	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	30% CAN BE A COMBINATION OF VITAMIN A, E, Hypochlorous Acid solution, AND OMEGA-3 ESSENTIAL FATTY ACID
DECUBITAL ULCERS PRESSURE SORES	70:30 DMSO and HOCL EVERY 8-12 HOURS; CAN BE USED TO HELP PREVENT ULCERS IF IS APPLIED EVERY 12 HOURS	+/- ORAL TREATMENT; MAY BE HELPFUL IF ULCERS ARE DEEP	30% A COMBINATION OF VITAMIN A, E, AND OMEGA-3 ESSENTIAL FATTY ACID +/- MIXING WITH TOPICAL MIXTURE AT LEAST 24 HOURS AFTER STARTING ORAL THERAPY
Dramatically effective for healing severe skin necrosis caused by various venoms, it has been found to prevent severe ulceration and tissue breakdown universally.	ONLY USES TOPICALLY 30 MIN. AFTER TAKING ORALLY!! 10% alpha-tocopherol acetate (Vit E), 40% Colloidal Silver & 80% DMSO applied topically	0.10 ML/KG OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG) WITH 1 GRAM L-LYSINE	Oral VITAMIN A, E, AND OMEGA-3 ESSENTIAL FATTY ACID <u>MUST-READ LINK TO TEST</u> <u>(Transcutaneous Electro-Supplement Therapy):</u>

	EVERY 6-12 HOURS	EVERY 8-12 HOURS	
DMSO may have some antiviral effects as well. In a study looking at DMSO's effect on several parameters of herpes simplex virus (HSV) replication (ALSO WORKS ON SHINGLES), some surprising results were found. DMSO reduces viral infectivity, inhibits viral deoxyribonucleic acid (DNA) replication, and reduces many HSV-1 genes' transcripts level. These findings suggest the DMSO itself may have a role in the antiherpetic activity, diverging from previous thought that it only functioned as a penetrant for antiviral medications.	10% alpha-tocopherol acetate (Vit E) & 90% DMSO applied topically EVERY 8-12 HOURS	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	<u>ALSO, YOU MUST READ TET (Transcutaneous Electrotherapy):</u> https://hocl.earth/hocl-test-device
MACULAR DEGENERATION	20%-30% AS AN EYE DROP EVERY 6-8 HOURS MIXED WITH HYPOCHLOROUS ACID SOLUTION OR 30% DMSO WITH 10% OMEGA-3 FATTY ACID	START WITH 5 ML AND INCREASE TO 15 ML EVERY 6-8 HOURS	UP TO 3 X DOSES OF FISH OIL (OMEGA-3 FATTY ACID) GREAT YOUTUBE VIDEO: https://www.youtube.com/watch?v=TQr0rCnlpK4
CATARACTS	Dr. Robert Rowen, the editor of Second Opinion, has developed the following formula, which uses DMSO. It helps the Glutathione and Vitamin C to penetrate the eye. According to Dr. Rowen, cataracts can be reversed; prepare the following formulation to be used three times a day. Saline solution(1 cup H2O:1/2 tsp(2.5g salt))-67.5 percent DMSO—30 percent Vitamin C—1.25 percent Glutathione—1.25 percent		Making liposomal glutathione https://www.google.com/search?ei=cyz4XIGiGo60swWmxLmoDw&q=liposomal+glutathione+make+your+own&oq=liposomal+glutathione+you&gs_l=psy-ab.1.1.0j0i22i30.13426.15156..17724...0.0..0.125.473.0j4.....0....1..gws-wiz.....0i71j0i67.v3JgDUatTiQ#kpv_albx=1 http://functionalhealthnews.com/diy-liposomal-glutathione/ https://functionalhealthnews.com/diy-liposomal-glutathione/

JOINTS-TENDONS-MUSCLES

PROBLEM	TOPICAL MIXTURE	ORAL DOSE	ADJUNCT THERAPY/THERAPIES
DEEP TISSUE TRAUMA (STRAINS, CONTUSIONS, SPRAINS, FRACTURES)	10% alpha-tocopherol acetate (Vit E) & 90% DMSO applied topically EVERY 8-12 HOURS	0.10 ML OF 70:30 DMSO:ASEA PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	VITAMIN A, E, OMEGA-3 ESSENTIAL FATTY ACID, GLUCOSAMINE, CHONDROITIN, MSM
SKIN INFECTION (BACTERIAL AND FUNGAL)	MIXED 50:50 WITH HYPOCHLOROUS ACID SOLUTION EVERY 6-8 HOURS	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	VITAMIN A, E, L-LYSINE AND OMEGA-3 ESSENTIAL FATTY ACID +/- MIXING WITH TOPICAL MIXTURE AT LEAST 24 HOURS AFTER STARTING ORAL THERAPY
BURNS (INCLUDING SUNBURN) HELPS TO PREVENT BLISTERS, PAIN, AND SKIN DEATH	10% alpha-tocopherol acetate (Vit E), 30% ALOE VERA JUICE & 60% DMSO applied topically EVERY 4-12 HOURS DEPENDING ON BURN SEVERITY	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	VITAMIN A, E, Hypochlorous Acid solution, AND OMEGA-3 ESSENTIAL FATTY ACID CAN MAKE UP TO 40% OF THE FINAL PRODUCT
CALCINOSIS CUTIS	70% DMSO CREAM EVERY 8-24 HOURS	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	30% CAN BE A COMBINATION OF VITAMIN A, E, Hypochlorous Acid solution, AND OMEGA-3 ESSENTIAL FATTY ACID
DECUBITAL ULCERS PRESSURE SORES & DIABETIC ULCERS	70% DMSO-25% HYPOCHLOROUS ACID SOLUTION-5% VITAMIN E CREAM EVERY 8-12 HOURS; CAN BE USED TO PREVENT ULCERS IF APPLIED EVERY 12 HOURS	+/- ORAL TREATMENT; MAY BE HELPFUL IF ULCERS ARE DEEP	30% A COMBINATION OF HYPOCHLOROUS ACID SOLUTION (CAN BE UP TO 30% OF FINAL MIXTURE), VITAMIN A, E, & OMEGA-3 ESSENTIAL FATTY ACID
Dramatically effective for healing severe skin necrosis caused by various venoms, it has been found to prevent severe ulceration and tissue breakdown universally.	10% alpha-tocopherol acetate (Vit E), 40% Hypochlorous Acid solution & 80% DMSO applied topically EVERY 6-12 HOURS	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG) WITH 1 GRAM L-LYSINE EVERY 8-12 HOURS	Oral VITAMIN A, E, AND OMEGA-3 ESSENTIAL FATTY ACID

LUNGS-NOSE-SINUS-MOUTH-THROAT

NEVER USE GREATER THAN 50% DMSO IN VAPER – IT IS FLAMMABLE!!!

PROBLEM	NEBULIZER/VAPER/COOL MIST VAPORIZER	ORAL DOSE/GARGLE/MOUTH WASH/TOOTHPASTE	ADJUNCT THERAPY/THERAPIES
LUNGS-NOSE-TEETH-SINUS-THROAT	60% HYPOCHLOROUS ACID SOLUTION WATER:40% DMSO	0.10 ML OF 50:50 DMSO:HOCL PER KILOGRAM (IF SERIOUS UP TO 1.0 ML/KG)	1. Vitamin C to heal your lungs 2. Vitamin A 3. Vitamin E 4. Vitamin B9 (Folate) 5. Omega-3 Fatty Acids 6. Borax 7. Magnesium
MOUTH (TEETH)-THROAT	N/A	1 TEASPOON OF A 30:70 MIX OF DMSO WITH HOCL. USE IT AS A MOUTHWASH, RINSE, OR GARGLE (OK TO SWALLOW)	1. N/A

BRAINS-SPINAL COLUMN-NERVES TRAUMA/INJURIES

INCLUDES ALL STROKES – AS SOON AS POSSIBLE

PROBLEM	ASAP!! <u>ORAL-ONLY IF CONSCIOUS!</u>	IV/SUBCUTANEOUS – IF AVAILABLE
<u>ALL NEUROLOGIC ISSUES INCLUDING Stroke, heart attacks, Multiple Sclerosis, Parkinson Disease, Down Syndrome, Alzheimer Disease, Depression, and other mental/neurological disorders</u>	<p style="text-align: center;"> ½-1 TEASPOON (2.5-5 ML) PER 5 POUNDS (2 kg) OF BODY WEIGHT OF 70:30 DMSO & HOCL <u>PER DAY</u> </p>	<p style="text-align: center;"> 1 ML/KG OF 70:30 DMSO/HOCL ***SLOWLY*** WITH 500 mL of saline solution for strokes and heart attacks. </p>

ALLERGIES & AUTOIMMUNE DISEASE

PROBLEM	ORAL	TOPICAL
<p><u>ALLERGIES & ALLERGIC REACTIONS</u></p>	<p>START AT 1 TEASPOON (5 ml) OF 70:30 DMSO & HOCL EVERY 4-12 HOURS.</p> <p>INCREASE EVERY FEW DAY UNTIL YOU GET TO A MAXIMUM OF 1 TABLESPOON (15 ML) EVERY 4 HOURS.</p>	<p>NEVER APPLY TOPICALLY TO AN INSECT OR POISONOUS BITE! USE HOCL OR A TEST DEVICE INSTEAD</p>
	<p>HOCL</p>	<ul style="list-style-type: none"> • Click HERE to learn MAKING & USING HOCL Supplement • https://hocl.earth/hocl-making
	<p>HOCL TEST DEVICE</p>	<ul style="list-style-type: none"> • Click HERE (https://hocl.earth/hocl-test-device) for Making & USING a HOCL TEST DEVICE PDF.
<p><u>AUTOIMMUNE</u> (Autoimmune Diseases like Lupus, Crones Disease, Rheumatoid Arthritis (RA), Psoriasis/Psoriatic Arthritis, Inflammatory Bowel Disease (IBD), Guillain-Barre Syndrome, Chronic Inflammatory Demyelinating Polyneuropathy, Graves' Disease, Hashimoto's Thyroiditis, Myasthenia Gravis, Type I Diabetes (<i>ONLY if caught early</i>), <u>TYPE II</u> <u>DIABETES,</u> and MANY more)</p>	<p>START AT 1 TEASPOON (5 ml) ORALLY OF 70:30 DMSO & HOCL EVERY 6-12 HOURS.</p> <p>INCREASE EVERY FEW DAY UNTIL YOU GET TO A MAXIMUM OF 1 TABLESPOON (15 ML) EVERY 6 HOURS.</p>	<p>Apply a 70:30 DMSO: Hydrogen peroxide mixture to the skin over painful joints.</p> <p>MAY be OK for skin lesions, but apply to a small area initially to make sure you are not sensitive.</p>

TETANUS FACTS

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Clostridium tetani is a common soil bacterium and the causative agent of tetanus. When growing in soil, C. tetani is rod-shaped and up to 2.5 micrometers long. However, C. tetani becomes substantially enlarged when forming spores at one end, resembling tennis rackets or drumsticks. C. tetani spores are incredibly hardy and can be found globally in soil or the gastrointestinal tract of animals (ESPECIALLY FARM ANIMALS). If inoculated into a wound, C. tetani can grow and produce a potent toxin, tetanospasmin, which interferes with motor neurons, causing tetanus. All mammals are susceptible to the disease.

The incubation period of tetanus may be up to several months but is usually about ten days. In general, the farther the injury site is from the central nervous system, the longer the incubation period; the shorter the incubation period, the more severe the symptoms. In neonatal tetanus, symptoms usually appear from 4 to 14 days after birth, averaging about seven days. Based on clinical findings, four different forms of tetanus have been described.

The tetanus toxoid vaccination is designed to neutralize the tetanospasmin toxin produced by the C tetani and not kill the bacteria.

PREVENTION OF TETANUS

HOCL is very effective at killing the Clostridium spores and any other bacteria that might be carried into the wound. This, in theory, would be better than treating the toxin because it would be preventing its production in the first place. For this reason, I would recommend applying Hypochlorous Acid solution mixed 50-50 with DMSO to the wound every 6-12 hours and taking a 50-50 HOCL/DMSO orally at approximately 1 mL per kilogram or .5 ML per pound every 6-12 hours (use more frequently with more severe wounds).

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