

**You don't have to give something up to grow closer.
Sometimes you just say yes.**

40 Days of Yeses

Small ways to love like Jesus as we get ready for Easter.

A Note Just for You:

Hi there,

Easter is coming, and for the next 40 days, you get to practice something special. You get to practice saying yes.

- Yes to kindness.
- Yes to helping.
- Yes to telling the truth.
- Yes to praying.
- Yes to loving like Jesus.

Every day has one small “yes” you can try. Some will be easy. Some might be tricky. That’s okay. You don’t have to be perfect. You just have to try.

Every Sunday is a day to rest, pray, and give thanks — a reminder that God loves you, not because of what you do, but because you are His.

If you miss a day, don’t worry. Just start again. Your small yeses matter. They help your heart grow strong.

God sees every small yes. 

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Sometimes you just say yes.

40 Days of Yeses

Small ways to love like Jesus as we get ready for Easter.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			2/18 Use kind words.	2/19 Help clean up.	2/20 Say "Thank You."	2/21 Share something
2/22 REST PRAY GIVE THANKS	2/23 Say an extra prayer before bed.	2/24 Listen to directions the first time.	2/25 Smile at someone.	2/26 Help at home.	2/27 Say "I'm sorry" when you are wrong.	2/28 Thank God for 3 things in your life.
3/1 REST PRAY GIVE THANKS	3/2 Cooperate with a smile	3/3 Have a positive attitude.	3/4 Say something nice.	3/5 Help your teacher.	3/6 Pray for someone.	3/7 Hold the door for someone.
3/8 REST PRAY GIVE THANKS	3/9 Choose calm instead of reacting quickly.	3/10 Let someone go first.	3/11 Notice someone lonely and say hi.	3/12 Work to do your best all day long.	3/13 Say "Please" and "Thank You."	3/14 Help without complaining.
3/15 REST PRAY GIVE THANKS	3/16 Compliment someone sincerely.	3/17 Give a thank-you note.	3/18 Listen and respond kindly.	3/19 Make someone smile or laugh.	3/20 Use kind words.	3/21 Do one unseen kindness.
3/22 REST PRAY GIVE THANKS	3/23 Pick up a few extra pieces of trash.	3/24 Include someone.	3/25 Finish what you start.	3/26 Encourage a friend.	3/27 Clean your room.	3/28 Listen without interrupting.
3/29 REST PRAY GIVE THANKS	3/30 Help a sibling or friend.	3/31 Make someone's day easier.	4/1 Wait your turn.	4/2 Use good manners.	4/3 Start and end your day with a prayer.	4/4 Love like Jesus.