

Capabilities Statement



About Us:

Practical Skills University, LLC (PSU) is a boutique coaching and consulting firm. We offer customized services to provide transformational interactions for our clients and target audiences to reach their full potential.

Mission:

Our mission is to create stronger, better, united communities one interaction at a time.

Vision:

Our vision is to be a globally recognized leader in coaching, consulting, and speaking, known for our relatability, creativity, and unwavering commitment to client success.

Seminar/Training Sample:

- Beyond Words: Transformative Listening for Inclusive Leadership
- Building a Thriving Business
- Creating a Personal Board of Directors
- Equitable Organizations
- Embracing Holistic Wellness
- Effectively & Ethically Using AI in the Workplace
- Further Faster: The Gift of Collaboration
- Life Skills
- Legal Structures & the Corporate Veil
- Transitioning: Preparing for Next
- Transformative Strategies for Personal & Professional Development
- Zoom Trainings - 101 and advanced

Competencies

- Business Consulting
- Business & Wellness Retreats
- Community Engagement
- Facilitation of Workshops & Events
- Group Coaching
- Human Resources Consulting
- ICF PCC Certified Executive Coaches
- Interactive Seminars
- Life Skills
- Program Development
- Professional & Personal Development
- Speaking Engagements
- Trainings
- Technical Assistance
- Workshops
- Zoom Production

Past Clients:

- ABFE: A Philanthropic Partnership for Black Communities
- Black Entertainment & Sports Lawyers Assoc
- Boston Thurmond
- Calloway & Associates, Inc.
- Carolina Cash Adventures Conference
- Cooperative Council of NC
- Eastern North Carolina Entrepreneurial Promise (ENCEP)
- Kate B. Reynolds Charitable Trust
- Kaleidoscope Pathways, LLC
- MDC, Inc.
- Minority Executive Education Institute
- National Institute of Economic Development
- NC State Alumni Association (Lawyers)
- North Carolina Bar Association
- North Carolina Central University
- North Carolina Lawyer Assistance Program
- SGA Narmour Wright Design
- Scott Insurance
- Sister Cities International Africa Conference
- Spelman University
- The Dream Academy
- The One Experience
- Transformation Edge Coaching & Consulting
- Thriving Faith Church

SWUC | HUB | MWSBE | NCSBE

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