



Which consultation is right for me?

	LOCATION	FOLLOW UP SUPPORT	PERSONALISED WRITTEN PLAN	I NEED MOST HELP WITH	SETTLING+ RESETTLING
Nap home consultation	Perth only	✓	✓	Nap time	Done with me
Bedtime home consultation	Perth only	✓	✓	Bedtime + wakes until 9pm	Done with me
Half night home consultation	Perth only	✓	✓	Bedtime + wakes until 12am	Done with me
Phone consultation	Worldwide	✓	✓	Any significant issues	Covered, carried out independently
Mini consultation	Worldwide	✗	✗	Less complex issues	Covered, carried out independently