

That's Why We Sing

We are the Tremble Clefs, the Parkinson's singing group with the clever, descriptive name.

We are the Tremble Clefs. At times our bodies may shake or our backs may stoop, but that doesn't matter in our group.

That's why we sing!

We are the Tremble Clefs. Though some say you can't sing with Parkinson's, we have a positive "Can Do" attitude about life and singing,

That's why we sing!

We are the Tremble Clefs., Our aches and ailments become secondary when we perform-

That's why we sing!

We are the Tremble Clefs. We sing under the direction of a caring, talented, benevolent dictator who teaches us and challenges us to do our very best.

That's why we sing!

We are the Tremble Clefs. We strive not for fame or fortune but for the feeling of being useful and of a job well done.

That's why we sing!

We are the Tremble Clefs. We practice to improve and save our frail, fading voices

That's why we sing!

We are the Tremble Clefs. Our singing is so much more than therapy. It improves our social, mental, spiritual and emotional well- being.

That's why we sing!

We are the Tremble Clefs. We are blessed and inspired by the beautiful sounds of our talented and encouraging accompanist.

That's why we sing!

We are the Tremble Clefs. We have the understanding, encouragement and support of each other.

That's why we sing!

We are the Tremble Clefs, with individual voices that are lacking in many respects, but together we are better, MUCH BETTER.

That's why we sing!

We are the Tremble Clefs At times with great heart and determination the group produces an AWESOME sound that raises the hair on the back of my neck.

That's why we sing!

We are the Tremble Clefs. We perform to entertain our audience and also to raise public awareness to the rigors of Parkinson's.

That's why we sing!

We are the Tremble Clefs though others may think we are just an old senior citizens group. Together we produce musical programs that make us feel younger, alive, vibrant, and useful

That's REALLY why we sing!

We are the Tremble Clefs We don't just survive with Parkinson's. We *thrive* despite having Parkinson's.

That's why we sing!

We are the Tremble Clefs though we have Parkinson's. Parkinson's DOES NOT have us.

That's why we sing!

We are the Tremble Clefs. Together We Are Strong. Together We Are Strong and We Go And On and On, Day by Day, facing the challenges of Parkinson's with pride and determination.

That's why we sing!

Written by Lee Penney

Diagnosed with Parkinson's Disease in 2004