

TRAINING GUIDE IN

PROFESSIONAL DOMESTIC CLEANING

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INTRODUCTION

AT AUS HOME SERVICES, WE BELIEVE THAT PROFESSIONAL CLEANING IS MORE THAN JUST A SERVICE—IT'S AN ART. WHETHER YOU'RE AN ESTABLISHED CLEANING COMPANY OR A NEWCOMER TO THE INDUSTRY, MAINTAINING A HOME TO PROFESSIONAL STANDARDS REQUIRES BOTH SKILL AND KNOWLEDGE. THIS GUIDE IS DESIGNED TO EQUIP YOUR TEAM WITH A STRUCTURED, YET FLEXIBLE CLEANING PROCESS THAT DELIVERS TOP-NOTCH RESULTS EFFICIENTLY AND HYGIENICALLY.



WHAT THIS GUIDE WILL COVER

IN THIS GUIDE, WE'LL WALK YOU THROUGH THE ESSENTIALS OF A THOROUGH DOMESTIC CLEANING ROUTINE, FROM THE BEST ORDER OF OPERATIONS TO MINIMISING CROSS-CONTAMINATION RISKS. YOU'LL LEARN HOW TO IDENTIFY SURFACES THAT REQUIRE SPECIALISED TOOLS OR PRODUCTS AND THE KEY STEPS FOR KEEPING EVERY AREA—ESPECIALLY HIGH-TRAFFIC ZONES LIKE KITCHENS AND BATHROOMS—SPARKLING CLEAN. THE GUIDE ALSO TOUCHES ON BEDROOM PREPARATION, INCLUDING PROPER BED-MAKING TECHNIQUES THAT LEAVE A LASTING IMPRESSION.





STEP-BY-STEP GUIDE TO PROFESSIONAL DOMESTIC CLEANING

BEGIN WITH THE KITCHEN OR BATHROOM

STARTING WITH HIGH-USE AREAS, LIKE THE KITCHEN OR BATHROOM, ENSURES THAT THE MOST TIME-CONSUMING TASKS ARE HANDLED FIRST. THESE SPACES REQUIRE EXTRA ATTENTION DUE TO THE BUILDUP OF GRIME AND BACTERIA.

KITCHEN FIRST:

DECLUTTER COUNTERTOPS, PUTTING DISHES AWAY OR SETTING THEM ASIDE FOR LATER. FOCUS ON HIGH-CONTACT AREAS SUCH AS THE STOVE, SINK, AND COUNTERTOPS. APPLIANCES LIKE THE FRIDGE, MICROWAVE, AND TOASTER WILL NEED DETAILED CLEANING TOO, ESPECIALLY HANDLES AND EXTERIOR SURFACES. A DEGREASER IS CRUCIAL AROUND THE STOVE AREA, WHILE A DISINFECTANT IS PERFECT FOR SURFACES WHERE FOOD PREP HAPPENS. END WITH VACUUMING AND MOPPING THE FLOOR, ENSURING A STREAK-FREE FINISH.

BATHROOM FIRST:

BEGIN WITH SINKS AND COUNTERTOPS, WORKING YOUR WAY TO MIRRORS AND GLASS SURFACES. SHOWERS, TUBS, AND TILES SHOULD BE SCRUBBED WITH PRODUCTS DESIGNED TO REMOVE SOAP SCUM AND MILDEW. SAVE THE TOILET FOR LAST TO AVOID CROSS-CONTAMINATION, ENSURING NO CLOTHS OR TOOLS ARE USED ELSEWHERE AFTER, OUR RECOMMENDATION IS DISPOSABLE RAGS. THE FINAL TASK IS THE BATHROOM FLOOR—VAC, MOP, AND LET IT DRY THOROUGHLY.

STEP-BY-STEP GUIDE TO PROFESSIONAL DOMESTIC CLEANING

TACKLE THE BEDROOMS NEXT

BEDROOMS SHOULD FEEL SERENE AND SPOTLESS AFTER A PROFESSIONAL CLEANING. START BY DUSTING HIGH SURFACES SUCH AS CEILING FANS AND LIGHT FIXTURES. MOVE ONTO FURNITURE, SHELVES, AND WINDOW SILLS, USING A MICROFIBER CLOTH TO TRAP DUST. DON'T FORGET UNDER THE BED! BEDS THEMSELVES ARE A FOCAL POINT, SO SPEND TIME MAKING THEM LOOK CRISP. SMOOTH OUT SHEETS, FLUFF PILLOWS, AND ENSURE EVERYTHING IS WRINKLE-FREE, LEAVING THE ROOM LOOKING FRESH AND INVITING.

LIVING AREAS AND OTHER COMMON SPACES

ONCE YOU'VE TACKLED THE PRIVATE SPACES, MOVE TO THE LIVING ROOM AND OTHER SHARED AREAS. DUST ALL SURFACES, INCLUDING ELECTRONICS, SHELVES, AND DECORATIVE ITEMS. GIVE ATTENTION TO UPHOLSTERY—VACUUMING SOFAS, CUSHIONS, AND ANY FABRIC FURNITURE TO REMOVE DIRT AND DEBRIS. HARDWOOD OR TILED FLOORS SHOULD BE VACUUMED AND MOPPED, WHILE CARPETS GET A THOROUGH VACUUM. ALWAYS FINISH WITH THE FLOORS TO AVOID TRACKING DIRT THROUGH FRESHLY CLEANED AREAS.





IDENTIFYING SURFACES AND SELECTING PRODUCTS

PROFESSIONAL CLEANING REQUIRES MORE THAN ELBOW GREASE—IT'S ABOUT USING THE RIGHT TOOLS AND PRODUCTS FOR EVERY SURFACE. FOR GLASS AND MIRRORS, A STREAK-FREE GLASS CLEANER IS YOUR GO-TO. WOODEN FURNITURE NEEDS A PRODUCT THAT CONDITIONS WHILE CLEANING, WHILE STAINLESS STEEL SURFACES REQUIRE A CLEANER THAT PREVENTS STREAKS AND SMUDGES. TILE AND GROUT, OFTEN FOUND IN BATHROOMS AND KITCHENS, DEMAND A MORE HEAVY-DUTY APPROACH. A SPECIALISED GROUT CLEANER OR A BAKING SODA SOLUTION CAN BREAK DOWN DIRT EMBEDDED IN GROUT LINES.

UNDERSTANDING THE SURFACES YOU'RE WORKING WITH NOT ONLY ENSURES A SUPERIOR FINISH BUT ALSO EXTENDS THE LIFE OF HOUSEHOLD FIXTURES, KEEPING CLIENTS SATISFIED.

AVOIDING CROSS-CONTAMINATION

A CRITICAL PART OF PROFESSIONAL CLEANING IS ENSURING THAT GERMS DON'T TRAVEL BETWEEN SPACES. THIS IS WHY WE SAVE THE TOILET FOR LAST IN THE BATHROOM ROUTINE AND RECOMMEND SWITCHING CLEANING CLOTHS OR USING COLOR-CODED CLOTHS FOR DIFFERENT AREAS (E.G., RED FOR BATHROOMS, BLUE FOR KITCHENS). ALWAYS DISINFECT TOOLS LIKE MOPS, SPONGES, AND BRUSHES BETWEEN USES, ESPECIALLY AFTER BATHROOMS AND KITCHENS.

THE FINAL TOUCHES

AT THE END OF YOUR CLEAN, TAKE A MOMENT TO SCAN THE HOME FOR ANY OVERLOOKED AREAS—DOOR HANDLES, LIGHT SWITCHES, AND HIGH-TOUCH SURFACES CAN ACCUMULATE GRIME THROUGHOUT THE CLEANING PROCESS. EMPTY BINS, REPLACE LINERS, AND DO A FINAL AIR FRESHENING SPRITZ FOR THAT CLEAN-HOME SCENT. ALWAYS LEAVE THE SPACE IN A WAY THAT REFLECTS YOUR COMPANY'S HIGH STANDARDS.

ELEVATE YOUR CLEANING STANDARDS

WITH THIS GUIDE, YOUR TEAM WILL NOT ONLY MASTER THE BASICS OF DOMESTIC CLEANING BUT ALSO FINE-TUNE THE DETAILS THAT SET PROFESSIONAL CLEANERS APART. AT AUS HOME SERVICES, WE'RE DEDICATED TO SUPPORTING YOU IN DELIVERING EXCELLENCE WITH EVERY SERVICE. KEEP THESE PRINCIPLES IN MIND, AND YOU'LL FOSTER CUSTOMER LOYALTY THROUGH THE SUPERIOR QUALITY OF YOUR WORK.

FOR MORE RESOURCES OR TO BOOK OUR PROFESSIONAL TRAINING SESSIONS, VISIT

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