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|  | *TM Teambuilding*  400 Tenafly Road, #626  Tenafly, NJ 07670 |
| [Pick the date] |  |
|  | Example of What a Workshop Can Look Like  9 am welcome and overview by you of the event to follow  9:10 to 9:20 introduction and goal setting for everyone  9:20 breaking into teams and ice breaker  9:30 activity 1- Tarp Flip- goal is team building, communication, appropriate leadership  9:45 activity 2- Tarp Fold- goal is working together to follow instructions and innovative thinking  10 am activity 3- Building and Balancing the Cube then moving thru it- goal is to share and cooperate, leadership thru vocals not necessarily thru physical skill. Problem-solving, critical thinking  10:20 activity 4- Number Flip- more of a cerebral challenge. Requires strategic thinking and appropriate use of team personnel in certain roles.  10:30 BREAK  10:45 remix teams  10:55 Activity 5- Coin Flip- easier fun activity to refocus from break with new teammates  11:10 Activity 6- Pipeline- tough challenge that requires strong team work and shared leadership  11:30 Activity 6- Noodle Pass- we bring everyone together to do one large team activity to reconnect the group and do a full team challenge.  11:45- review and reflect on the event  12 noon- end of event  Cost ----- we work with your budget but do have guidelines (we pay our own travel expenses)  After every activity we have a debrief few moments to discuss “what happened and why” and what the team could do differently going forward.  Keith |