



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NJ YMCA State Alliance
400 River View Plaza Suite 425
Trenton, NJ 08611
Phone (609) 278-9622

2025 Culture of Health Volunteer Request Form

DATE: _____ NAME: _____

ADDRESS: _____ APT: _____

CITY: _____ STATE: _____

ZIP CODE: _____

HOME PHONE: _____ CELL PHONE: _____

EMAIL ADDRESS: _____

CONTACT PREFERENCE: Email _____ Telephone: _____ Text Message: _____

ARE YOU OVER 18 YEARS OF AGE? _____

EMERGENCY CONTACT PERSON: _____

RELATIONSHIP TO VOLUNTEER: _____

EMERGENCY CONTACT PHONE NUMBER: _____

AVAILABILITY ON TUESDAY, DECEMBER 9 (check all that apply):

☐ Morning (7:00 AM – 11:30 AM)

☐ Afternoon (2:30 PM – 5:30 PM)

☐ Midday (11:30 AM – 2:30 PM)

☐ Full Day

ARE YOU AVAILABLE TO ASSIST WITH EARLY SET-UP ON MONDAY, DECEMBER 8 (afternoon)?

☐ YES ☐ NO

PREFERRED VOLUNTEER ROLE(S) (CHECK ALL THAT APPLY)

☐ Registration & Check-In

☐ Volunteer Photographer

☐ Breakout Room Host

☐ No preference — assign me where
needed

☐ Runner / Floor Support

☐ Donation Drive Support



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2025 Culture of Health Volunteer Request Form (CONTINUED)

Volunteer Liability Waiver

By my signature below I agree that the NJ YMCA State Alliance, its employees, the Board of Directors and all its affiliates are not liable for any injuries or illness that I may suffer in connection with my participation in any NJ YMCA State Alliance activity. I hereby waive, release and forever discharge any claim for compensation or liability against the YMCA and its representatives. I agree that this Release is to be as broad and inclusive as permitted by the laws of the State of New Jersey.

Print Name of Volunteer: _____

Signature _____

Date _____

If the above volunteer is under 18 years old and thus a minor, I, _____ (name of parent/guardian) of the above-named minor, give permission for them to volunteer their time with the NJ YMCA State Alliance and agree to the terms of this waiver of liability.

Print Name of Parent/Guardian: _____

Signature: _____

Email Address: _____

Date _____