

# **The Holy Eucharist**

## **Celebrating Life with Jesus Christ in Recovery**

### **Opening Reflection**

*The people gather in silence and prayer. The time of worship may open with music.*

*The people stand when the Celebrant (Minister leading worship) comes forward.*

*Celebrant*     Addiction is the enemy of our souls -- cunning, baffling, powerful. Without help it is too much for us. But there is one who has all power. That one is God. May we find him now.

*People*            **We stand at the turning point. We ask God's protection and care with complete abandon. Here are the steps we take, which are suggested as a program of recovery:**

**Step 1**            **We admit we are powerless over \_\_\_\_\_ (name your addiction) and that our lives have become unmanageable.**

*Silence is kept for reflection, then the Celebrant and people continue:*

**Step 2**            **We come to believe that a power greater than ourselves can restore us to sanity.**

*Celebrant*        Blessed be the Father Almighty,  
*People*            **The Creator of heaven and earth.**

*Celebrant*        Blessed be the Lord Jesus Christ,  
*People*            **The Crucified and Risen Savior.**

*Celebrant*        Blessed be the Holy Spirit,  
*People*            **The Advocate, Counselor and Comforter.**

*Celebrant*        Blessed be God: the Father, the Son, and the Holy Spirit.  
*People*            **And blessed by his kingdom, now and forever. Amen.**

*A song of praise may be sung.*

### **The Word of God**

*Celebrant and people say together*

**Step 3**            **We make a decision to turn our will and our lives over to the care of God.**

**God, we offer ourselves to you, to build with us and to do with us as you will. Relieve us of the bondage of self that we may better do your will. Take away our difficulties that victory over them may bear witness to those we would help of**

**your power, your love, and your way of life. May we do your will always. This we pray in the name of Jesus Christ our Lord. Amen.**

*The people sit. One or two Bible lessons are read, the reader first saying*

A reading from \_\_\_\_\_ (says the Bible book here).

*After each Bible lesson, the reader says*

The Word of the Lord.

**People Thanks be to God.**

*Then, all standing, a deacon or priest reads the Gospel, first saying*

Hear the good news of our Lord Jesus Christ according to St. \_\_\_\_\_.

**People Glory to you, Lord Christ.**

*After the Gospel, the deacon or priest says*

The Gospel of the Lord.

**People Praise to you, Lord Christ.**

*The people are seated to hear the speaker's sermon or story of recovery.*

### **Prayers of the People**

*The people stand. A person appointed leads the prayers. In the silence after each bidding, the people may offer their own prayers, either silently or aloud.*

I ask your prayers for God's people throughout the world; for our leaders; for this gathering; and for all to receive the light of the Gospel. **Pray for the church.**

I ask your prayers for all who seek God or a deeper knowledge of him, especially those in recovery. **Pray that they may find God and be found by him.**

I ask your prayers for peace in this city, this nation, and this world; for God's will to be done among nations; and for their leaders to be just and courageous. **Pray for justice and peace.**

I ask your prayers for those whose addictions have cost them health and freedom. **Pray that they may receive Christ's healing and deliverance.**

I ask your prayers for all who suffer because of the addiction of another. **Pray that they may find Christ's strength and peace.**

I ask your prayers for those who care for the victims of addiction. **Pray that they may be patient and wise.**

I ask your prayers for the poor, the sick, the hungry, the oppressed and those in prison. **Pray for those in any need or trouble.**

I ask your prayers for all who have died in the hope of the resurrection. **Pray that they may rest with all the saints in the glory of God's presence.**

*The Celebrant concludes*

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son and Holy Spirit, now and forever. Amen.

*Celebrant and people*

**Step 4**            **We make a searching and fearless moral inventory of ourselves.**

**Step 5**            **We admit to God, to ourselves, and to another human being the exact nature of our wrongs.**

*Celebrant*        We have not loved God with our whole heart.  
*People*            **Lord have mercy.**

*Celebrant*        We have not loved our neighbors as ourselves.  
*People*            **Lord have mercy.**

*Celebrant*        We have sinned by what we have done and what we have left undone.  
*People*            **Lord have mercy.**

**Step 6**            **Were entirely ready to have God remove all these defects of character.**

**Step 7**            **We humbly ask Him to remove our shortcomings.**

**My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my neighbors. Grant me strength as I go out from here to do your bidding in Jesus' name. Amen.**

### **The Absolution**

*The Celebrant declares the forgiveness of God*

Almighty God, have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

*Celebrant and people*

**Step 8**            **We make a list of all persons we have harmed and become willing to make amends to them all.**

**Step 9**            **We make direct amends to such people wherever possible, except when to do so would injure them or others.**

**Step 10**          **We continue to take personal inventory and when we are wrong, promptly admit it.**

*Celebrant*        Jesus said, "If you are offering your gift at the altar, and there remember that your brother or sister has something against you, leave your gift there before the altar and go. First be reconciled to your brother or sister and then come and offer your gift." Having received God's forgiveness, let us extend that forgiveness to one another.

The peace of the Lord be always with you.

**People**            **And also with you.**

*All greet one another in the name of the Lord, asking or offering forgiveness where appropriate. Afterward, all return to their seats. Before proceeding, the Celebrant may make announcements.*

*Music may be offered as the altar is prepared. The gifts of bread and wine, as well as any other offerings, are brought forward. Standing, the Celebrant and people say:*

**Step 11**          **We seek through prayer and meditation to improve our conscious contact with God, praying only for the knowledge of his will for us and the power to carry that out.**

### **The Great Thanksgiving**

*Celebrant*        The Lord be with you.

**People**            **And also with you.**

*Celebrant*        Lift up your hearts.

**People**            **We lift them to the Lord.**

*Celebrant*        Let us give thanks to the Lord our God.

**People**            **It is right to give Him thanks and praise.**

*Celebrant*        We give thanks to you, Holy Father, for your holy name, which you have made to dwell in our hearts, and for the knowledge and faith and immortality which you have made known to us through Jesus your Son. To you is the glory forever. You, Almighty Master, created all things for your name's sake; you gave food and drink to people for their enjoyment so that they might give thanks to you; and on us you bestowed spiritual food and drink and eternal life through your Son.

And so we join the saints and angels in proclaiming your glory, as we say,

*Celebrant and people*

**Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. *AMEN.*

And now as our Savior Christ has taught us, we are bold to say:

**Our Father, who art in heaven, hallowed by thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. Forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

Father, as this broken bread was scattered upon the mountains and was gathered together and became one, so let your church be gathered together from the ends of the earth into your kingdom, for yours is the glory and the power through Jesus Christ forever and ever.

The gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The bread and cup are given with these words*

The Body of Christ, the Bread of heaven. **Amen.**

The Blood of Christ, the Cup of salvation. **Amen.**

*Post Communion Prayer*

*Celebrant and people*

**Merciful and loving God, thank you for feeding us with the Body and Blood of Christ and for restoring us to sanity and new life. As we go forth to do your will, give us grace to accept with serenity the things we cannot change, the courage to change the things we can, and the wisdom to know the difference. Amen.**

*The Celebrant blesses the people. Afterward, they say together*

**Step 12**        **Having had a spiritual awakening as a result of these steps, we try to carry this message to others and to practice these principles in all our affairs.**

*The Deacon or Celebrant dismisses the people*

**People**        Go in peace to love and serve the Lord.  
**Thanks be to God.**

*Closing music may be used.*