



Our mission is to provide the warriors with Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI) and their Battle Buddies a safe place to gather with other PTSD/TBI warriors, connect the warriors with local businesses and community organizations that are dedicated to support and aid in the healing process of the warrior with an emphasis on enhancing their ability to perform daily activities, and to improve their quality of life; as well as to educate the warrior on local programs, jobs and volunteer opportunities that enable the warrior to regain their sense of purpose and move past their medical restrictions.

Our ultimate goal is to connect every warrior with the tools and resources to reintegrate into society and their LIFE!!!

For me every day is PTSD Awareness Day. My name is Penny Pinkham and I am the mother of 3 Wounded Warriors. After seeing them struggle with PTSD & TBI, I felt the need to help not only the Warrior but the Caregiver (Battle Buddy) as a team. So in 2009, Healing Tools for Warriors was born. My heart is to reach out to the community, businesses and organizations to help with the HEALING process.

As a Mom-Battle Buddy I see the scars & invisible wounds and through support, resources, patience & LOVE we can help make a difference!



When asked, “What does it mean to a warrior to know the community supports them?” After a pensive pause the warrior replied, “Everything.”

If you have time, talents, or funds, your donations would be a blessing to our local warriors! We invite businesses that wish to support our local warriors to become a sponsor of our organization. For more information, please contact Penny Pinkham at 850-420-0520 or Penny@healingtoolsforwarriors.com Thank you so much for caring and getting involved.

Visit us at HealingToolsForWarriors.com or on FaceBook