



WELLNESS PILATES

Autumn Newsletter

With the witchy fun of Halloween now behind us and the nights drawing in, we are well and truly into Autumn now, and overdue our very first seasonal newsletter at Durrington!

As you may know, Durrington is my second venture, having run a studio in Newbury for just over four years. It is equal parts exciting and terrifying opening a studio and hoping that people love it and I am simply over the moon with how many of you have already walked through our doors and fallen in love with the reformer.

I am beyond grateful to you all for your commitment and for spreading the word to your friends and family. To keep that momentum going as we head into November, we are introducing a Bring A Friend policy until the end of the year, where you can bring somebody along for their first class for free and bag a free one for yourself when they attend. All they need to do is send us an email with their full name and mobile number, the class they wish to attend and the person who referred them and we will get them booked in!

Gift vouchers are available online if you would like to gift a loved one some reformer love this year!

Leah x



@wellness_pilates_newbury



wellness-pilates.co.uk

Social Media Reward Card



Don't forget to get your card stamped every time you share us to your story, or post on Instagram/Facebook/Tiktok or leave us a google review. Grab yours at the front desk, and fill it up for a free class!



Do you use the app?



The MindBody app is the easiest way to book and cancel your classes. Go to your Appstore (iPhone) GooglePlay (Android) and search for MindBody.

← It should show this logo



Polite Reminders

- Please wear your grip socks during all classes as these are a part of our Health & Safety Policy.
- Please remember to be mindful when parking and avoid using the spaces of local residents or neighbouring businesses. There is lots of roadside parking available, and a large public layby also.

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