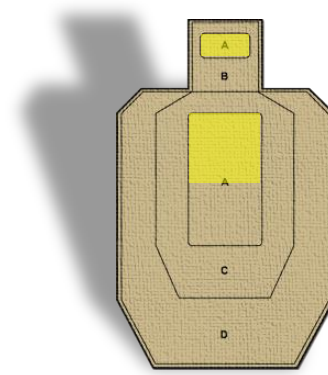


F.A.S.T Modified



7yds

Task

Distance

Time

Target

Load (mag x rounds)

Task	Distance	Time	Target	Load (mag x rounds)
Draw, 4 rounds minimized A Zone, E-reload, 2 rounds head A Zone	7 yd	5 sec	1 x IPSC Minimized A Zone	1 x 4, 1 x 2

Rifle Variation: From 15 yd, same time standard

Critical Tasks: Draw, Recoil Management, Reload, Target Transition from big to small (predictive vs reactive)