These are three books I consider essential to building a good training plan and becoming a higher level shooter. Specifically, 'Practical Shooting Training' is broken up into skill level sections. If you're serious about shooting, get these books.

https://benstoegerproshop.com/practical-shooting-training-by-ben-stoeger-joel-park/

https://benstoegerproshop.com/adaptive-rifle-book-by-ben-stoeger-w-joel-park/

https://benstoegerproshop.com/dryfire-book-combo-pack-dry-fire-training-reloaded-for-the-practical-pistol-shooter-paperback-book-and-scaled-targets/