



7yds

### 5 Second Pistolero

Consecutive iterations of 5 seconds

At 7 yards, stand facing target. Draw, fire 1 round in 5 seconds

“ “ fire 2 rounds in 5 seconds

“ “ fire 3 rounds in 5 seconds

Continue in number sequence until you throw one out, then start back at 1 round.

Standard: All hits in the -0. (-0 Body/8", or -0 Head/ - 4")

Total Load: 3 full magazines minimum.

This drill works your draw, quick target acquisition, trigger manipulation, and recoil management. Focus on accuracy and keeping your hits inside the -0 zone. Increase your speed until you throw one out and then dial it back a little. This drill works in small increments allowing you to focus on what fundamental you can improve on i.e., draw stroke, grip, sight alignment, trigger control, etc. Don't jump ahead, use each iteration to improve a fundamental element.