



10yds



20yds



25yds

Task	Target	Distance	Time	Strings	Rounds
1) Warm Up (each shot from Draw)	-0 Zone	10 yd	na	10 rounds SAF	10
2) Draw/Controlled Pairs	-0 Zone	10 yd	2 sec	5 x 2 round strings/CP	10
3) High Compressed Ready/Single Shots/ Right Hand Only	-0 Zone	10 yd	2 sec	5 x 1 round strings	5
4) High Compressed Ready/Single Shots/ Left Hand Only	-0 Zone	10 yd	2 sec	5 x 1 round strings	5
5) Draw/Recoil Management	-0 Zone	10 yd	3 sec	1 x 5 round string	5
6) Draw/Recoil Management	-0 Zone	20 yd	5 sec	1 x 5 round string	5
7) 25 yd Bull (Each Shot From Draw) Scored	1 x B8 Bull	25 yd	1 minute	10 rounds SAF	10