

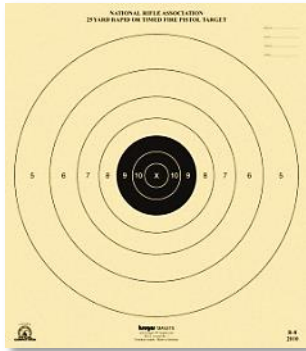
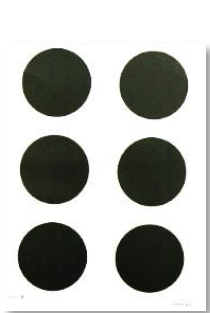


0yds



Right Hand Only Left Hand Only

10yds



20yds



25yds

50 Rounds of Fundamentals

Task	Target	Distance	Time	Strings	Rounds
1) Warm-Up (Each Shot From Draw)	6" Dot	10 yd	na	10 rounds SAF	10
2) Draw/Controlled Pairs	6" Dot	10 yd	2 sec	5 x 2 round strings/CP	10
3) High Compressed Ready/Single Shots/ Right Hand Only	6" Dot	10 yd	2 sec	5 x 1 round strings	5
4) High Compressed Ready/Single Shots/ Left Hand Only	6" Dot	10 yd	2 sec	5 x 1 round strings	5
5) Draw/Recoil Management	6" Dot	10 yd	3 sec	1 x 5 round string	5
6) Draw/Recoil Management	6" Dot	20 yd	5 sec	1 x 5 round string	5
7) 25 yd Bull (Each Shot From Draw) Scored	1 x B8 Bull	25 yd	1 minute	10 rounds SAF	10

• Shoot a new dot for each string and analyze each string. This drill will cover multiple fundamentals and tasks. As always sight picture and trigger control as well as draw/presentation and recoil management. The time standards for each may challenge you but focus on perfect mechanics and accuracy before you start pushing the speed. 6" dots are tight enough to focus you yet big enough to allow you to push speed. The 25-yard Bulls-Eye is scored out of a possible 100 points (10 possible points per round), strive to be in the high 90's consistently.