



7yds



10yds

Concealed Draw (Strong Hand Only)

At 7 and 10 yards, wearing your everyday carry (EDC) set up and NORMAL clothing for concealment. Holding a kettlebell (or anything with significant weight, 20+ lbs.) in your non dominant hand.

Standard: On the shot timer (or app), clear concealment, draw and fire 2 rounds in the target kill zone (IDPA -0, IPSC A Zone, etc.) in 3 seconds.

Total Load: 20 Rounds minimum (5 iterations at each yard line).

Focus on mechanics and accuracy before pushing speed . This drill will allow you to determine if your EDC set up (pistol, holster, carry position, clothing) is truly functional. If you're consistent, integrate stepping right or left (Off the X). And if your range conditions permit, integrate the addition of breaking contact back up range (muzzle control), then turn and re-engage (no time limit). Have a plan, make each round count!