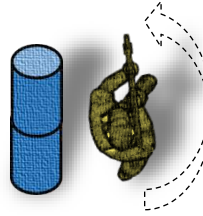
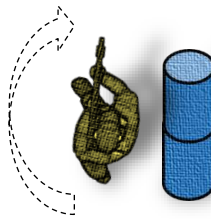




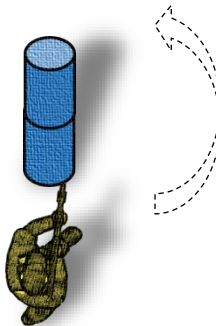
0yds



10yds



15yds



20yds

**Skill** - Movement around barriers

**Conditions** - With barrels at 20-15-10 yards, Rifle w/Sling, 9 rounds minimum

**Instructions** - At 20 yards, behind the barrels, on the timer, move forward weaving between barrel sets, **fire 3 rounds** in the **kill zone** (IDPA -0, IPSC A Zone, etc.) each time you're exposed on left/right sides. For added skill building, swap firing shoulders on each side as you move. Record your time, each time. Add 1 second for each round in the -1 zone, add 3 seconds for each round in the -3 zone. If you have a flyer, STOP and go back to static fundamentals. Mechanics first! Speed will follow.

This drill will exercise your ability to "multi-task", it will force a focus on smooth foot work, your ability shoot smoothly while moving, your ability to efficiently manipulate your rifle (and swap L/R shoulders). Move only as fast as you can accurately engage. Have a plan, make each round count!