





7M

"Turn and Shoot"

Pistol: At 7m, from draw, turn 180°, fire 4 rounds (rifle at 15m)

Pistol: At 7m, from draw, turn right 90°, fire 4 rounds (")

• **Pistol:** At 7m, from draw, turn left 90°, fire 4 rounds (")

• Standard: All A zone hits

Target: 1 x IPSC

Load: 1 x 12 minimum (mags x rounds)



• This drill works economy of motion, your ability to quickly acquire the target, stability of stance/platform, and recoil management.