TRIGGER, RHYTHM & RECOIL CONTROL

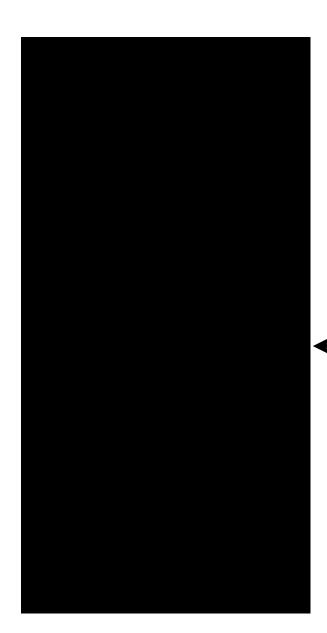**1** **2** **3**

4 **5**

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2" DOTS
1 x 15 Round String:
Fire the number of rounds corresponding to the numbered dot

6" x 3" BLOCK
2 x 5 Round Strings:
Fire 5 Rounds as fast as you can maintain accuracy

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*Start at 3 yards, slow. If you drop a round, start over.

*Add time standards and increase distance to add difficulty.