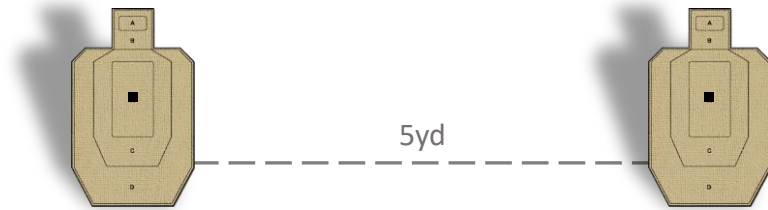


# Target Transitions



7yds

**Task**

**Distance**

**Time**

**Target**

**Load (mag x rounds)**

Start on target, on signal, fire 1 round on your precise aiming point, shift eyes followed by gun to your next precise aiming point, fire 1 round.

7 yd

1 x IPSC  
1"x 1"  
dot/paster

This drill emphasizes focal shift and quickly and efficiently moving your gun to your focal point. You should maintain target focus. Shoot aggressive but pay close attention to getting your eyes, then gun to move and stop precisely without dragging your eyes across the target or over swinging your gun past the focal point. Pay close attention to the level of tension you are exerting, try to be fluid and relaxed but stable.