

AIM SMALL

Drill 1: Each String from the Draw

String 1: At 5 yds - Freestyle, fire a single shot on each 1" diamond

String 2: At 5 yds - Right Hand Only, fire a single shot on each 1" diamond

String 3: At 5 yds - Left Hand Only (hand swap), fire a single shot on each 1" diamond

Drill 2: Each String from High Compressed Ready (Position 3)(High Center Chest)

String 1: At 5 yds - Freestyle (Right Hand Dominant), fire 5 rounds on each 2" circle

String 2: At 5 yds - Freestyle (Left Hand Dominant), fire 5 rounds on each 2" circle

