



Start - At 25yd target, holstered, facing up range. On the beep, sprint 25 yards up range to firing point. Turn, engage each target with **2 ROUNDS**, execute **e-reload**, re-engage each target with **2 ROUNDS**. There is no required order of engagement.

Standard: All rounds in -0 zone. 12 seconds.

Load: 2 x 6

I grabbed this one from benstoeger.com and modified it by adding the sprint start. This drill helps you change gears on your trigger speed (splits). 25 yards forces you to slow down. It also works target transition. Try it without the sprint as practice, add the sprint for challenge. Spread the targets out for more transition focused practice.