

# Three Ps



Scoring: Each round is worth a possible 5 points.  
Any shot over time counts as a miss.

A = 5 pt   C = 3 pt   D = 1 pt   Miss = 0 pt

45 seconds, 15 rounds total

Possible:	100%	75
Good:	90%	68
Pass:	80%	60

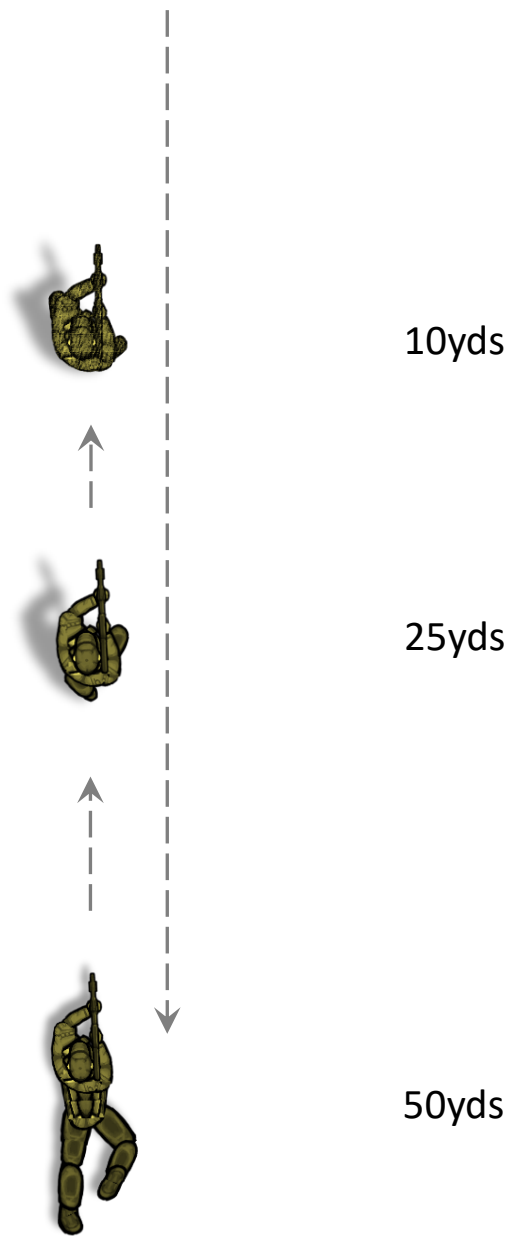
This is a race; you are looking to get faster while maintaining a high score.

For friendly competition, use high hit factor (HF) to determine the best run. HF is score divided by time.

i.e., You shoot 69 points with a total time of 18.34 seconds.  $69/18.34 = 3.76$  HF

John shoots 66 points with a total of 15.67 seconds.  $66/15.67 = 4.21$  HF

John wins.



Task	Target	Distance	Time	Load/String	Rounds
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Standing at target, on signal move to 50yd line, from <b>prone</b> , engage target 5 rounds	1 x IPSC	50 yd	45 sec	1 x 15	5
Move to 25yd, from <b>kneeling</b> , engage target 5 rounds	1 x IPSC	25 yd		1 x 10	5
Move to 10yd, from <b>standing</b> , engage target 5 rounds	1 x IPSC	10 yd		1 x 5	5

This is a good race drill and good practice drill for getting in and out of positions efficiently. It also forces you to critique your connection to the rifle in different positions.