**Consent to Treatment**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (printed name), hereby authorize Anne Marie Lesniak-Betley, L.Ac., M.Ac., Dipl.Ac. (NCCAOM) to administer any style of Oriental Medicine, Reiki, nutritional counseling, or Zero Balancing relevant to my diagnosis and treatment, including but not limited to the following:

Insertion of various styles and sized of **acupuncture needles**, magnets, zinc and copper pellets, gold and stainless press-balls on or into by body at various depths and locations. There may be some sensation such as heaviness, numbness, warmth or tingling, including some residual sensation after removal, which is normal. Occasionally bruising may occur, which resolves after a few days.

**Heat treatment** using the herb Arthemesa vulgaris (moxibustion, “moxa,” mugwort) or a heat lamp may be placed on or near any part of my body. For indirect moxibustion treatments, the moxa is place on the head of the needle or on a barrier (such as salt, cardboard holder or shiunko cream), which rests on the skin. When direct moxa is used, the moxa is placed directly on the skin. With any type of heat, there is a risk of burn or small blister.

**Magnet therapy** may be used in conjunction with needles. Small low-gauss magnets are placed on the skin to extend treatment.

A massage technique **“gua sha”** may produce redness on the skin which remains for 1-5 days. There may be discoloration or tenderness which persists following the treatment. This technique uses a small device with ointment to promote circulation and provide pain relief.

**Cupping** may be used to promote circulation. Cups may produce a red/purple color on the cupped area which may remain for 1-5 days.

**Electrical stimulation** of the needles may be used through a small, battery-powered stimulator attached to the needles, which produces a vibration or tapping sensation on the needles. Ion pumping cords may be attached to the needles; these cords connect one needle to another; ion cords do not connect to the stimulator.

**Zero Balancing** is a hands-on therapy that uses skilled touch to address the relationship between energy and structures of the body.

**Tui Na** and **Shiatsu** are methods of massage that use soft tissue manipulation and pressure on the acupoints and channels to treat a wide variety of disorders. These methods may produce slight skin redness or muscular tenderness which will dissipate quickly.

**Reiki** is a hands-on technique useful to restore homeostasis and to promote the highest healing good.

I have been informed that I have a right to refuse any form of treatment. I understand the nature of the treatment, have been informed of the risks and possible consequences involved with this treatment. I was given an opportunity to ask questions pertaining to my treatment. I also understand there is always a possibility of unexpected complications and I understand that no guarantee can be made concerning the results of the treatment, and that I am free to discontinue treatment at any time.

Signature of patient: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_