

LCYBL - Pitch Count Log sheet  
 LCYBL pitch Count Log v11.15.21

Lancaster County Youth Baseball League - Pitch count log

Section \_\_\_\_\_

Team \_\_\_\_\_

Age \_\_\_\_\_

Date	Pitches / Innings	Pitchers Name	Uniform Number	Team Managers Signature	Opposing Manager's Signature	Game of rest required?	Eligible to pitch again on (date) if requirement for game rest is met
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	
						0, 1, 2, 3, 4	

1-25 pitches in a day = NO calendar day of rest, 26-35 pitches in a day = (1) calendar day of rest  
 36-50 pitches in a day = (2) calendar days of rest, 51-65 pitches in a day = (3) calendar days of rest, 66+ pitches in a day = (4) calendar days of rest  
 \*\*If game is called before complete, the number of pitches counts

Pitch count limits 8u = 50, 10u = 65 or 9 outs, 12u = 85, 14u = 95

Penalty for pitch count violation: Forfeit, one game suspension, and \$50 Fine. You must have this log at your game!