



**MENTAL WELLNESS HUB  
PRESENTS  
APRIL 2024 ONLINE COURSES  
ANY 3 FOR \$450TT**

**Schizophrenia:  
Demystifying  
and  
Destigmatisation**

**Introduction  
to Borderline  
Personality  
Disorder**

**Introduction  
to Narcissistic  
Personality  
Disorder**

**Introduction  
to Cognitive  
Behavioural  
Therapy**

**Payment Deadline: 2nd May 2024**

**Classes Begin: 3rd May 2024**

**Self Paced**

**Certificates Awarded upon Completion**

**Extra April Special: Free Hardcopy Certificates!**

**Introduction to  
Mindfulness-  
Based Cognitive  
Therapy**

**Introduction  
to  
Neuropsychology  
(formerly Neuroscience  
and Behavior)**

**Introduction to  
Psychological  
First Aid I  
(Level One)**

**Introduction  
to Antisocial  
Personality  
Disorder**

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