



**MENTAL WELLNESS HUB
PRESENTS
APRIL 2026 ONLINE COURSES
ANY 3 FOR \$450TT**

**Social Media
and Attention
in Psychology**

**Introduction
to Cognitive
Behavioural
Therapy**

**Advanced
Counselling**

Payment Deadline: 5th May 2026

**Classes Begins as soon as you are a Confirmed Student
Self Paced**

Certificates Awarded upon Completion (Softcopy)

A Gmail Account is needed to access Google Classroom

**Introduction
to Autism: A
Guide**

**Introduction
to Grief
Therapy**

**Advanced Skills
in Cognitive
Behavioural
Therapy**

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