



MENTAL WELLNESS HUB

PRESENTS

FEBRUARY 2026 ONLINE COURSES

ANY 3 FOR \$450TT

Advanced Skills
in Cognitive
Behavioural
Therapy*

Introduction
to Borderline
Personality
Disorder

Introduction
to Narcissistic
Personality
Disorder

Introduction
to Cognitive
Behavioural
Therapy

*Must have done or will do
Introduction to Cognitive
Behavioural Therapy

Payment Deadline: 4th March 2026

**Classes Begins as soon as you are a Confirmed Student
Self Paced**

Certificates Awarded upon Completion

A Gmail Account is needed to access Google Classroom

Social Media
and Attention
Psychology

Introduction
to Grief
Therapy

Introduction
to Autism: A
Guide

Introduction
to
Counselling:
The Basics

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