



**MENTAL WELLNESS HUB  
PRESENTS  
JULY 2024 ONLINE COURSES  
ANY 3 FOR \$400TT**

**Schizophrenia:  
Demystifying  
and  
Destigmatisation**

**Introduction  
to Borderline  
Personality  
Disorder**

**Introduction  
to Narcissistic  
Personality  
Disorder**

**Introduction  
to Cognitive  
Behavioural  
Therapy**

**Payment Deadline: 4th August 2024**

**Classes Begin: 5th August 2024**

**Self Paced**

**Certificates Awarded upon Completion**

**Introduction to  
Counselling:  
The Basics**

**The Psychology  
of  
Love & Romance**

**Introduction to  
Psychological  
First Aid I  
(Level One)**

**Advanced  
Counselling**

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