



MENTAL WELLNESS HUB
PRESENTS
JUNE 2025 ONLINE COURSES
ANY 3 FOR \$400TT

NEW

Advanced Skills
in Cognitive
Behavioural
Therapy*

Introduction
to Borderline
Personality
Disorder

Introduction
to Narcissistic
Personality
Disorder

Introduction
to Cognitive
Behavioural
Therapy

Payment Deadline: 3rd July 2025

Classes Begin: 4th July 2025

Self Paced

Certificates Awarded upon Completion (softcopy)

*Must have done **or** will do Introduction to Cognitive Behavioural Therapy

NEW

Social Media
and Attention in
Psychology

Introduction
to Grief
Therapy

Introduction to
Autism:
A Guide

Introduction
to
Counselling:
The Basics

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