



**MENTAL WELLNESS HUB
PRESENTS**

**OCTOBER 2025 ONLINE COURSES
ANY 3 FOR \$400TT**

**Introduction
to Counselling**

**Advanced
Counselling**

**Social Media
and
Attention in
Psychology**

**Introduction to
Narcissistic
Personality
Disorder**

Payment Deadline: 5th November 2025

Classes Begin: 6th November 2025

Self Paced

Certificates Awarded upon Completion

**Advanced Skills
in Cognitive
Behavioural
Therapy***

**Introduction
to Cognitive
Behavioural
Therapy**

**Introduction
to Grief
Therapy**

**Introduction
to Autism: A
Guide**

*Must have done or will
do Introduction to
Cognitive Behavioural
Therapy

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