



Mental Wellness Hub
Where Minds Matter

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Adult Autism Screening

Overview

A comprehensive Adult Autism screening includes four standardized assessments plus a clinical interview, giving a well-rounded picture of social communication, behaviour, and daily functioning.

What's Included

- 4 standardized assessments
- 1 clinical interview
- A full written report of findings
- A 30-minute debriefing session to review results and answer questions

How Testing Is Completed

Completed Online — On Your Own Time 2 assessments	Completed In-Office or via Zoom 2 assessments + clinical interview
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Online Assessments (Self-Paced)

Two of the four assessments are completed independently, online, at a time that works best for the client — no appointment needed for this portion.

In-Office or Zoom Session

The remaining two assessments and the clinical interview are completed together, either in person at the office or remotely via Zoom, depending on client preference.

Results & Debriefing

Once screening is complete, a full report is prepared summarizing the findings. A 30-minute debriefing session is then scheduled to walk through the results together and address any questions.

Additional Assessments, If Needed

Depending on the results, additional assessments may be recommended to further clarify the clinical picture. These additional assessments are provided at no extra charge.